STATE PLAN FOR
INDEPENDENT LIVING
(SPIL)

Chapter 1, Title VII of the Rehabilitation Act of 1973,
as Amended

STATE INDEPENDENT LIVING SERVICES
(SILS)
PROGRAM
PART B

CENTERS FOR INDEPENDENT LIVING
(CIL) PROGRAM
PART C
FISCAL YEARS 2011-2013

Effective Date: October 1, 2010
Part I: Assurances

Section 1: Legal Basis and Certifications

1.1 The designated State unit (DSU) eligible to submit the State Plan for Independent Living (SPIL or the plan) and authorized under State law to perform the functions of the State under the State Independent Living Services (SILS) and Centers for Independent Living (CIL) programs.

Washington State Division of Vocational Rehabilitation

1.2 The separate State agency eligible to submit the plan and authorized under State law to provide vocational rehabilitation (VR) services to individuals who are blind.

WA Dept of Services for the Blind

1.3 The Statewide Independent Living Council (SILC) that meets the requirements of section 705 of the Act and is authorized to perform the functions outlined in section 705(c) of the Act in the State.

Washington State Independent Living Council (WASILC)

1.4 The DSU and, if applicable, the separate State agency authorized to provide VR services to individuals who are blind, and the SILC are authorized to jointly develop, sign and submit this SPIL on behalf of the State, and have adopted or otherwise formally approved the SPIL.

Yes

1.5 The DSU, and, if applicable, the separate State agency authorized to provide VR services to individuals who are blind, may legally carry out each provision of the plan and will comply with all applicable Federal statutes and regulations in effect with respect to the three-year period it receives funding under the SPIL.

Yes

1.6 The SPIL is the basis for State operation and administration of the program. All provisions of the SPIL are consistent with State law.

Yes

1.7 The representative of the DSU and, if applicable, of the separate State agency authorized to provide VR services to individuals who are blind, who has the authority under State law to receive, hold, and disburse Federal funds made available under the SPIL and to submit the SPIL jointly with the SILC chairperson is Andres Aguirre, Interim Director WA State Division of Vocational Rehabilitation and LouOma Durand, WA Department of Services for the Blind.
Section 2: SPIL Development

2.1 The plan shall be reviewed and revised not less than once every three years, to ensure the existence of appropriate planning, financial support and coordination, and other assistance to appropriately address, on a statewide and comprehensive basis, the needs in the State for:

- The provision of State independent living services;
- The development and support of a statewide network of centers for independent living;
- Working relationships between programs providing independent living services and independent living centers, the vocational rehabilitation program established under title I, and other programs providing services for individuals with disabilities.

2.2 The DSU and SILC conduct public meetings to provide all segments of the public, including interested groups, organizations and individuals, an opportunity to comment on the State plan prior to its submission to the Commissioner and on any revisions to the approved State plan.

2.3 The DSU and SILC establish and maintain a written description of procedures for conducting public meetings in accordance with the following requirements. The DSU and SILC shall provide:

- appropriate and sufficient notice of the public meetings;
- reasonable accommodation to individuals with disabilities who rely on alternative modes of communication in the conduct of the public meetings, including providing sign language interpreters and audio-loops; and
- public meeting notices, written material provided prior to or at the public meetings, and the approved State plan in accessible formats for individuals who rely on alternative modes of communication.

2.4 At the public meetings to develop the State plan, the DSU and SILC identify those provisions in the SPIL that are State-imposed requirements beyond what would be required to comply with the regulations in 34 CFR parts 364, 365, 366, and 367.

2.5 The DSU will seek to incorporate into, and describe in, the State plan any new methods or approaches for the provision of IL services to older individuals who are blind that are developed under a project funded under chapter 2 of title VII of the Act and that the DSU determines to be effective.

2.6 The DSU and SILC actively consult, as appropriate, in the development of the State plan with the director of the Client Assistance Program (CAP) authorized under section 112 of the Act.
Section 3: Independent Living Services

3.1 The State, directly or through grants or contracts, will provide IL services with Federal, State, or other funds

3.2 Independent living services shall be provided to individuals with significant disabilities in accordance with an independent living plan mutually agreed upon by an appropriate staff member of the service provider and the individual, unless the individual signs a waiver stating that such a plan is unnecessary.

3.3 All service providers will use formats that are accessible to notify individuals seeking or receiving IL services under chapter 1 of title VII about:

- the availability of the CAP authorized by section 112 of the Act;
- the purposes of the services provided under the CAP; and
- how to contact the CAP.

3.4 Participating service providers meet all applicable State licensure or certification requirements.

Section 4: Eligibility

4.1 Any individual with a significant disability, as defined in 34 CFR 364.4(b), is eligible for IL services under the SILS and CIL programs authorized under chapter 1 of title VII of the Act. Any individual may seek information about IL services under these programs and request referral to other services and programs for individuals with significant disabilities, as appropriate. The determination of an individual's eligibility for IL services under the SILS and CIL programs meets the requirements of 34 CFR 364.51.

4.2 Service providers apply eligibility requirements without regard to age, color, creed, gender, national origin, race, religion or type of significant disability of the individual applying for IL services.

4.3 Service providers do not impose any State or local residence requirement that excludes any individual who is present in the State and who is otherwise eligible for IL services.
Section 5: Staffing Requirements

5.1 Service provider staff includes personnel who are specialists in the development and provision of IL services and in the development and support of centers.  

Yes

5.2 To the maximum extent feasible, a service provider makes available personnel able to communicate:

- with individuals with significant disabilities who rely on alternative modes of communication, such as manual communication, nonverbal communication, nonverbal communication devices, Braille or audio tapes, and who apply for or receive IL services under title VII of the Act; and
- in the native languages of individuals with significant disabilities whose English proficiency is limited and who apply for or receive IL services under title VII of the Act.

Yes

5.3 Service providers establish and maintain a program of staff development for all classes of positions involved in providing IL services and, if appropriate, in administering the CIL program. The staff development programs emphasize improving the skills of staff directly responsible for the provision of IL services, including knowledge of and practice in the IL philosophy.

Yes

5.4 All recipients of financial assistance under parts B and C of chapter 1 of title VII of the Act will take affirmative action to employ and advance in employment qualified individuals with significant disabilities on the same terms and conditions required with respect to the employment of individuals with disabilities under section 503 of the Act.

Yes

Section 6: Fiscal Control and Fund Accounting

6.1 All recipients of financial assistance under parts B and C of chapter 1 of title VII of the Act will comply with applicable EDGAR fiscal and accounting requirements and will adopt those fiscal control and fund accounting procedures as may be necessary to ensure the proper disbursement of and accounting for those funds.

Yes
Section 7: Recordkeeping, Access and Reporting

7.1 In addition to complying with applicable EDGAR recordkeeping requirements, all recipients of financial assistance under parts B and C of chapter 1 of title VII of the Act will maintain records that fully disclose and document:

- the amount and disposition by the recipient of that financial assistance;
- The total cost of the project or undertaking in connection with which the financial assistance is given or used;
- the amount of that portion of the cost of the project or undertaking supplied by other sources;
- compliance with the requirements of chapter 1 of title VII of the Act and Part 364 of the regulations; and
- other information that the Commissioner determines to be appropriate to facilitate an effective audit.

7.2 With respect to the records that are required by 34 CFR 364.35, all recipients of financial assistance under parts B and C of chapter 1 of title VII of the Act will submit reports that the Commissioner determines to be appropriate.

7.3 All recipients of financial assistance under parts B and C of chapter 1 of title VII of the Act will provide access to the Commissioner and the Comptroller General, or any of their duly authorized representatives, to the records listed in 34 CFR 364.37 for the purpose of conducting audits, examinations, and compliance reviews.

Section 8: Protection, Use, and Release of Personal Information

8.1 Each service provider will adopt and implement policies and procedures to safeguard the confidentiality of all personal information, including photographs and lists of names in accordance with the requirements of 34 CFR 364.56(a)(1-6).

Section 9: Signatures

The effective date of this SPIL is October 1, 2010.

Signature for SILC Chairperson
Name
Romel Mackelprang
Title
Chair WASILC
Date signed
09/29/2010
Signature for DSU Director
Name
Andres Aguirre
Title
Interim Director WA State Division of Vocational Rehabilitation
Date signed
09/29/2010

Signature for Separate State Agency for Individuals Who Are Blind
Is there a Separate State Agency for Individuals Who Are Blind?
Yes
Name
LouOma Durand
Title
WA Department of Services for the Blind
Date signed
09/29/2010
Part II: Narrative

Section 1

Goal 1. Increase IL Services to targeted, underserved, minority and ethnic populations by 10% in 2013.

- Activity 1: Each CIL will identify one or more ethnic or racial minority populations for targeted outreach and service delivery in each of the three SPIL years. Targeted populations include: Latino, African-American, Native American, Asian-American, immigrant, refugee, or other populations determined by the Center. Each Center will set service delivery targets in order to reach the three-year goal. The SILC will review data used in making the population selections and will monitor activities associated with the outreach and service delivery.

- Activity 2: The CILs will identify and implement outreach strategies (including goals) to reach the targeted populations. Examples include radio (i.e., Spanish speaking radio), brochures in native languages, presentations at schools serving ethnic and minority populations, presentations for agencies that serve immigrants, faith-based organizations, etc. The SILC will review service delivery data to measure the effectiveness of outreach and ability of the Centers to meet defined goals. The SILC and CILs will coordinate efforts with disability and community leaders to ensure that strategies are culturally relevant, effective and not duplicative. The DVR public relations unit is also available for consultation to the SILC.

- Activity 3: The CILs will increase ethnic and minority membership on CIL boards to represent the demographics of the service delivery population. It is estimated that this will be a natural outcome of the outreach activities listed above.

Timeline and Financial Plan: ACIL-WA will have primary financial responsibility for outreach. DVR will contribute Technical Assistance from their Public Relations Group. The SILC may assist with costs for any public forums or focus groups associated with targeted activities.
Goal 2: Increase outreach and service delivery to Underserved Populations with disabilities such as deaf-blind TBI etc., disabled veterans, and members of cultural minorities such as Lesbian Gay Bisexual Transgender/Queer/Questioning Intersex (LGBTQI) with disabilities.

Centers for Independent Living pride themselves on services that can be accessed by persons with any type of disability. Meeting the needs of each identified group can be challenging, yet with education and awareness, the SILC and CILs will continually work with stakeholders and organizations serving specific disabilities to expand independent living services that meet the unique needs of particular groups. Emphasis will be placed on outreach and service to cultural minorities--any group of individuals who share a set of beliefs, language, and common social interactions distinct from the “majority” of society. Often cultural minorities are a subset of the majority population and can be prone to discrimination by the majority.

- Activity 1: The SILC will review CIL 704 Reports for the last three years and compile a report establishing baseline data which shall include number of Individuals served per disability and other groups (i.e. veterans).

- Activity 2: The SILC will compile and review relevant census and state data to determine the ratio of various underserved disability groups in each CIL area.

- Activity 3: Centers will identify which population(s) will be targeted for outreach in their area and will set realistic outreach and service delivery targets for each of the three years.

- Activity 4: The SILC will monitor progress toward the targets. Targets will be revisited and modified as various conditions change.

- Activity 5: SILC will identify a strategy with objectives and timelines to Coordinate with the Washington Office of Deaf and Hard of Hearing, The WA school for the Deaf, Centers for the Deaf and hard of hearing, and other relevant agencies to promote the CILs as an option for Deaf and Hard of Hearing individuals. This may include sponsoring focus groups or public forums in conjunction with local CILS.

- Activity 6: SILC will coordinate with state leaders in the LGBTQI community to exchange information and ensure that IL services are accessible and available for this population. This may include focus groups or public forums held in conjunction with local CILS.

- Activity 7: SILC will coordinate with entities such as Deaf-Blind Service Center (DBSC), Washington State Deaf-Blind Citizens (WSDBC) and Lighthouse for the Blind to ensure that state IL resources are accessible to and available to individuals who are deaf-blind. This may include conducting forums or focus groups with local centers.
• Activity 8: SILC will identify and coordinate with Department of social and Health services, The VA, and other organizations serving individuals with TBI to ensure that IL services are accessible and available in the state. This may include conducting public forums or focus groups in collaboration with local centers.

• Activity 9: The SILC will identify and coordinate with the Veterans Administration, VA Hospitals, Veterans organizations and others to ensure that IL services are available for and accessible to wounded service members. This may include conducting public forums or focus groups in collaboration with local centers.

Timeline and Financial Plan: Existing resources will be used to carry out this goal.
Goal 3: Expand coverage for the CIL Program.

Washington State has 66,544 square miles making it the 18th largest state by land mass in the country. The population of the state is 6.6 million individuals ranking it 14th in the nation. Yet, only five CILs serve this very large state. Further, the CILs are vastly underfunded by historical and national standards. Three of the five CILs are located on the populated I-5 corridor between Seattle to Vancouver, and the other two, in Ellensburg and Spokane, serve huge land masses east of the Cascade Mountains.

Because there are only five CILs in the state, large geographic pockets of the state receive no CIL services. Given the current population and geographic makeup of the CILs, the Association of Centers for Independent Living in WA (ACIL-WA) and the SILC has determined that highest priority in dealing with the complex challenges of geography and population is first to strengthen the existing CIL funding base. The next priority is to expand to the northwest and southeast parts of the state to fill the gap that exists with large population in the northwest part of the state and the large land mass in the southeast part of the state.

Currently, each Washington CIL receives funding through five sources.

1. Title VII Part C funding from the Rehabilitation Services Administration. In 2008, funding from this source for particular Centers ranged from $175,409 to $183,443 for a total of $1,260,098.
2. Title VII Part B funding via a contract with the Washington Division of Vocational Rehabilitation. Funding is allocated depending on the service delivery capacity of the particular CILs. The CILs received an aggregate of $335,102 for this contract.
3. American Recovery and Reinvestment Act (ARRA) Part C funding (available up to five years) Total $1,818,600.
4. ARRA Part B (available for two years) Total $272,859
5. Additional funding from grants, contracts, fee-for-service etc. Unique combination for each CIL. This is generally soft funding which is targeted for specific activities and is not necessarily available to assist the CIL in providing the four Core services.

None of the CILs receives state appropriations (General Funds) to perform the four core services of the CILs. Given that state agencies will be taking up to 7% funding cut, and virtually all discretionary spending is curtailed through 2013, the SILC understands that state appropriations are unlikely in the foreseeable future. Despite this reality, the SILC and its partners believe now is the time for mobilization and developing a clear message about the need for increased IL services in the state to position the CILs for state funding when it becomes available.

- Activity 1: Develop a framework and associated materials to assist the CILs in telling the IL story to legislators, other funders and the public.
The SILC will coordinate with other agencies and councils in WA and nationally to determine how other IL organizations and similar entities have increased their base funding and will present its findings. ACILWA will gather information on local trends, unmet needs, services that will be lost when the ARRA funding concludes, and other information deemed useful based on the SILC findings. All information will be as specific as possible in terms of numbers served or not served, cost savings resulting from services and any other tangible information that would be useful in marketing the value of the CILs. ACILWA will develop a written marketing strategy based on this information and other factors to be determined. ACILWA will develop a packet or other informational tools to be shared with interested individuals.

Year 2: ACIL-WA will establish marketing goals and conduct comprehensive campaign using items and information developed in Year 1. SILC will monitor the marketing activities and provide TA as needed.

Activity 2: Legislative Campaign. In year 3, ACILWA will conduct a specific legislative campaign in anticipation of the state funding cycle using the information and materials developed in the previous years. Aspects of this campaign will be continued into the next SPIL if additional base funding has not been achieved. The goal is for each existing CIL to have $400,000 base funding.

Activity 3: The SILC will conduct town hall meetings in areas of the state that are not served with the four Core Services by a CIL. Focus will be on the priority areas of SE WA (Tri Cities) and NW WA. Host two town hall meetings during the first year of the SPIL in each priority area. The main purpose of these town hall meetings would be to:
   a. Introduce IL to Area. Explain IL philosophy, funding streams, four core services, etc.
   b. Identify and work with potential leaders of the disability community. Possibilities include: Individuals receiving services at the Alliance (who live in NW WAS catchment area), CORD (living outside of Tri-Cities), and CWDR (Living outside Tri-Cities). Others: DVR, individuals working at health care/ hospitals, patients/ support group members of hospitals, etc.
   c. Develop outreach strategies with Native American groups (esp. in NW WA) and Latinos (esp. in SE WA).

Activity 4: The SILC and ACIL-WA will coordinate with local councils, consumer organizations, and service delivery agencies to design an outreach plan for each priority area that includes activities such as: identifying speaking opportunities in schools, service clubs, agency meetings, conferences, etc.; advertising campaigns; letters to the editor; recruitment of interested individuals with disabilities, family members, advocates etc.
Timeline and Financial Plan: ACIL-WA will be spending an undetermined portion of their budget to address this very important issue. The SILC will incorporate this work in its existing budget.
Goal 4: Strengthen the Role of ACIL-WA- Association of Centers for Independent Living

Association of Centers for Independent Living (ACIL-WA) is a critical component in outreach, education and promoting IL in this state. The statewide organization will work with SILC, DVR, DSB, and others to make IL services available to more individuals with disabilities in this state.

The mission statement of ACIL-WA is: “The Association of Centers for Independent Living of Washington facilitates the collaboration of Washington CILs to promote independent living, equal opportunities, and social justice for persons with disabilities.”

The goal of ACIL-WA is to establish a consistent and visible statewide presence for people with disabilities with legislators, funding sources, various advocacy groups, and people with disabilities throughout the State of Washington. ACIL-WA is receiving start-up funding support from SILC-WA (State Independent Living Council of WA) and is working with the Washington DVR to mutually support the missions of one another.

In conjunction with the SILC three-year State Plan for Independent Living, ACIL-WA hopes to achieve the following:

- Activity 1: ACIL-WA will launch a three-year plan that mirrors the mutual interests of SILC, DVR, local CILs, and various community entities that contributed to the State Plan for Independent Living 2011-2013 (SPIL). This plan is in the formative stages and will include the following initiatives (not exclusive):

  1) **Advocacy**: Cultivating stronger relationships with legislators and policy makers in the areas of funding and systems planning, especially with persons with disabilities who are unserved and underserved;
  2) **Community Outreach**: Increasing awareness and understanding of independent living and disability issues, directed to schools, businesses, non-profit organizations, and various communities throughout the state;
  3) **Collaborations**: Outreach beyond the disability community, focusing on systems change that affects all residents of the state – poverty, housing, transportation, health care, community access, education, domestic violence, and the right to vote.
Goal 5: Increase Education, Training, and Marketing

One of the continual themes running through the public forums was that individuals and agencies had not heard of their local CIL or were not familiar with IL services. All too often, individuals see disability as a “medical” issue rather than from a civil rights/minority point of view.

The Center for Independent Living as “brand name,” while improving is still very low in this state. Participants in all of the Public Forums stated that outreach and training is important not only for the CILs themselves, but also for the areas of concern (“issue areas”).

With this in mind, SILC, ACIL-WA and the individual CILs hope to raise the profile of Independent Living and Centers for Independent Living in this state by:

- Activity 1: Writing articles in newspapers, such as “letters to the editor,” and OP-ED pieces to promote independent living, mentoring, and disability rights: Each CIL will write at least one article per year in a local paper on Independent Living.

- Activity 2: Raise the profile of disability rights and CILs: each CIL will invite schools, other agencies, non-profits, business leaders, etc. to board meetings and the annual meeting once a year.

- Activity 3: Advocating and educating local legislators: At least once per year, each CIL will invite local policy makers (state legislator, county official, local official or even U.S. Senator or Representative) to the Center. Give them an award or invite them to talk about the issues that face individuals with disabilities and the Centers.

- Activity 4: Training: Each CIL will partner with another agency to put on two training or workshops per year at their local CIL. Invite consumers, local agencies, and other interested parties to attend. The trainings can be on any disability-related topic, but the key is to make an effort to promote IL and the CIL as a viable alternative for services. SILC can help promote these trainings through advertising, placing on the website, promoting on state-wide listservs, etc.

- Activity 5: Aggressively promote the SILC website: Send information about the SILC website to: State agencies, City Halls, and incorporate into newspaper articles. Accomplish this in the first two years of the SPIL.

- Activity 6: Publish a SILC newsletter at least twice a year. Responsibility: SILC

- Activity 7: Coordinate with disability studies programs and possibly other entities in higher education to promote Independent Living and the roles of CILs and, furthermore, to collaborate in the areas of research, fund development/grant writing, ‘best practices’ model(s), latest state-of-the-art educational outreach, and dual marketing among these entities to support SILC, ACIL-WA, individual CILs, and
involved higher learning entities. Responsibility: SILC, CILs, and disAbility Studies Programs through accredited universities/colleges across WA State.

- Activity 8: Coordinate with Region X (Alaska, Idaho, and Oregon) CILs and SILCs to explore best practices in neighboring states. Responsibility: SILC.

- Activity 9: Promote IL services, Centers for Independent Living, the SILC, and other disability issues through the use of social media tools such as Twitter, Facebook, blogging, etc. Uses of these media could lead to more effective outreach, fundraising opportunities, and board recruitment. Responsibility: SILC, ACIL-WA, and CILs.

- Activity 10: Garner available business/employer supports to contribute to CILs and IL community via mutual participation through social media and involvement in their business causes (i.e., focus groups, public relations committee, etc). Many corporations are now encouraging their employees to not only donate money with match but also participate hands-on in community events. The media is paying more attention as it also counts as part of the 'accountability' factors in community presence. Responsibility:

- Activity 11: The SILC and ACIL-WA will collaborate to present at APRIL, SILC Congress, NCIL, and other appropriate Conferences.

- Activity 12: The SILC and ACIL-WA will collaborate and establish partnerships with institutions of higher education to promote IL activities relative to community involvement and transitions.

**Timeline and Financial Plan:** The education, marketing, outreach, and training components of the SPIL will be an on-going process, and will need attention in all three years of the Plan. Financial Plan information is provided where applicable.
Goal 6: Increase Housing Opportunities for People with Disabilities.

The four needs expressed by participants at public forums were:
1. Accessibility (physical, technological, location, and programmatic)
2. Affordability
3. Safety
4. Education

- Activity 1: Each CIL will establish and report on specific goals to work with local housing providers to provide local solutions to local problems by:
  o Increasing individual advocacy efforts (i.e. working to mediate landlord-tenant disputes).
  o Connecting with local service clubs (such as Lion’s, Rotary, etc), local businesses and others to develop home modification programs. Identify on a county-by-county basis groups who can do the labor and provide materials.
  o Partnering with developers and architects to ensure that universal design is featured in new construction. This ensures accessibility and visitability is given priority in housing dwellings.
  o Working with municipalities on more effective code enforcement
  o Partnering with housing agencies, advocates, landlord associations, funders and others to address the priority issues (accessibility, affordability, safety, and education)
  o The SILC will monitor the activities and place relevant information on the SILC web site, as well as ensure that the entire state has access to housing resources and information as much as possible.”

The CILs will share specific goals relative to housing and report these to the SILC on an annual basis.

- Activity 2: Each CIL will establish a plan and report on specific goals that promote home ownership for persons with disabilities by:
  o Providing home ownership information to participants of the CILs to ensure that information such as “Home of Your Own” and the various housing opportunities as articulated in the “New Freedom Initiative” are known to consumers. This will be accomplished through working with state housing coordinators, providing informational materials to CIL program participants, and promoting local resources through local media (radio, TV, and newspaper).
  o Identifying and promoting financing for people with disabilities by promoting personal responsibility and savings through increase IL Skills Training, which includes skills centering around budgeting and looking for housing. Hold at least one workshop at each CIL during the next three years.
o Encouraging participants (consumers) to pursue finance plans through such programs as Individual Development Accounts and Washington State Financing Commission. In addition, where applicable, work with asset building coalitions to promote prosperity leading to home ownership.

o The SILC will network with various housing coordinators and services to ensure that services are adequate and comprehensive, and to identify services to consider for the next SPIL.

- Activity 3: Each CIL will develop and report on a plan with specific activities to work with landlords and property management in educating them about disability sensitivity and housing laws. Invite housing representatives to CILs and to SILC meetings to have them explain their programs and to provide them information about the needs of housing for persons with disabilities.

- Activity 4: Engage in local, state and national housing initiatives by attending conferences to obtain additional knowledge, assuming committee work (i.e. NCIL Housing Sub-Committee), and gathering information from local, state, and national sources to promote accessible and affordable housing options in Washington. This includes advocating for “visitability” rights in new housing in the state legislature and in cities. Responsibility: Individual CILs and SILC

Timeline and Financial Plan: Housing will continue to be a key issue for individuals with disabilities, so the focus will be on all three years of the SPIL. The SILC will be able to use existing funding to attend conferences, meetings, and sponsor training opportunities. If additional funding is needed, then the SILC will work to secure funding necessary to support this activity. The SILC will monitor this on an annual basis.
Goal 7: Increase Transportation Options for People with Disabilities in Washington.

Depending on where one lives, transportation in Washington State ranges from “non-existent” to “okay, but still not “adequate.”” Transportation is an issue that affects, adversely in many ways, the lives of many of the states individuals with disabilities. For instance, it was pointed out by more than one individual in the Ellensburg Public Forum that due to poor transportation, specialty health care services cannot be easily accessed. This has the potential, and in many cases it is already real, to decrease positive health outcomes for a significant portion of the population.

Some of the issues raised during the 2010 public forums included:
- Communications access on local transportation websites. It was suggested that, for instance, to include ASL instructions on how to access transportation options on a local transportation website.
- Recreational options need to focus on access, including ensuring that slopes are within ADAAG limits for all of its citizens.
- Universal Design in transportation options was also stressed
- Education of drivers. This was brought up in multiple forums. One example was that individuals of short stature had difficulty with the bus stop pull strings and this could, in part, be remedied by driver education.
- Replicating Seattle’s accessible taxi system in other cities and towns around the state.
- Car rentals need to have access, such as hand controls and other “non-traditional” rentals.

- Activity 1: CILs will provide information to people with disabilities on transportation resources in their community. The SILC will include these resources on the SILC website.

- Activity 2: The CILs will set and implement goals to work with various transportation providers to provide information and disability sensitivity and awareness training to drivers and administrators of transit agencies.

- Activity 3: CILs will identify and implement goals to work with paratransit providers in the counties they serve to address eligibility issues. The goal would be to allow individuals the options to take either the paratransit or fixed-route, depending on the situation.

- Activity 4: Remain active and engaged in the WSDOT Accessibility Advisory Committee. Responsibility: SILC Director
• Activity 5: Establish a plan to advocate for accessibility in all forms of transportation everywhere, including car rentals, ferries, public transportation, and others. Responsibility: ACIL-WA and CILs.

Timeline and Financial Plan: The focus on transportation will last the three years of the SPIL. With advocacy being the activity that weaves itself through all of the activities, funding will be needed. The SILC estimates that an additional $3,000 per year will adequately fund transportation activities. The funding will cover CIL visits to local transportation providers, attendance by SILC representatives at national conferences such as NCIL and the SILC Congress to learn more about federal/national transportation initiatives, and for ACIL-WA to produce information for legislators in this state which will impact transportation policy.
Goal 8: Increase Services to Transitioning Youth.

The State Independent Living Council, Association of Centers for Independent Living-WA, and individual centers for independent living are committed to ensuring that youth and young adults throughout Washington State become empowered through accessing the education and services necessary to achieve optimal independence. Achieving successful transitioning into vocational, educational or community settings requires availability of sufficient supports, awareness of existing Independent Living supports and services, and the ability to navigate federal, state, and local systems.

- Activity 1: CILs will establish and implement measureable goals to assure youth with disabilities have access to CIL services. Activities will include:
  - Identifying and establishing CIL presence with local organizations and agencies advocating for and providing services to children and youth with disabilities.
  - Disseminating CIL outreach information, activities, and CIL public meeting information to these local organizations and agencies.
  - Promoting awareness to educational institutions and family members as to the rights of children and youth with disabilities to be fully engaged in their supports and resource assistance, which may include Individualized Education Plan (IEP), Transitioning Plans, and to transition into the community of their choice.
  - Encouraging expanded youth leadership participation through dissemination of information to youth, families on conference workshops and other activities focused towards youth leadership.
  - Activities to prevent abuse of youth in the educational setting and promote health, safety and welfare of youth. Advocate youth to be more fully included in physical education in school setting. This will promote healthy youth.
  - The SILC and ACIL-WA will actively coordinate and collaborate with agencies that specialize in Assistive Technology, such as Washington Access Fund (WAF) and Washington Assistive Technology Act Program (WATAP), to further the ability of children and youth to develop and expand opportunities to live independently.

- Activity 2: CILs will establish and implement goals to expand partnerships with local schools for the increased use of CILs for students with disabilities. The following activities will be undertaken:
  - Disseminate Independent Living outreach information, such as brochures, toolkits, and resources guides, to educators and school administration.
  - Identify and recruit local educators and administrators as presenters at CIL board meetings to assist in identifying the barriers of the local school districts. Encourage applications from school representatives to serve on local CIL boards.
  - Closely work with local DVR offices to promote, plan and implement high school transition activities.
- Inform and promote youth rights and options in post-secondary education as well as employment options.

**Timeline and Financial Plan:** The activities shall be instituted in SPIL years 1 and 2. Results will be assessed at the end of each reporting year to identify best practices and challenges in meeting the goals.

**Goal 9: Increase Opportunities for Deinstitutionalization of People with Disabilities.**

The ability to further the empowerment of individuals with disabilities and to advocate for supports that will ensure their ability to live in the communities of their choice has been the goal of the Independent Living Movement. For persons with significant disabilities, deinstitutionalization cannot be achieved without affordable, accessible housing, accessible reliable transportation options, and the assurance of quality personal assistant services that meet the needs of the individuals to be fully participatory in their communities.

- Activity 1: Actively participate in the Washington State Money Follows the Person Demonstration Grant (Roads to Community Living) funded through Center for Medicare/Medicaid Services (CMS) through the following activities:

  SILC will serve as a collaborative team member for the duration of the five-year grant. “The SILC executive director will continue to serve as a member of the Roads to Community Living “Collaborative Team” member. The consumer-based Collaborative Team is made up of individuals across disabilities and representatives from multiple state agencies formed to analyze and prioritize the feedback gathered from key informants, and participate in making decisions about the Roads to Community Living Operational Protocol. Originally, the team was formed only for the duration of the development of the Operational Protocol. The team has since decided to continue operating through the life of the project and has opted for regular (at least annual) updates and to contribute to evaluation and process improvement strategies both as a group and as individual constituents.

  - CIL staff will serve as “key informants” by providing information to the collaborative team during the duration of the demonstration grant.
  - SILC and ACIL-WA will invite the Community Living Project Director to provide annual updates.
  - The SILC will promote RTCL by providing information of the program on SILC website, by providing speakers to SILC meetings, and assist in connecting county-based Home and Community Services with CILs.
  - CILs will disseminate “Roads to Community Living” Project information to further educate community partners and organizations.
• Activity 2: Centers for Independent Living will establish goals and timelines to partner with Aging and Disability Services Administration (ADSA) as Independent Living contractors in order to enhance the capacity of CILs to transition individuals from state institutions and nursing facilities back into the community by taking the following steps:
  o CILs will participate in meetings that address this issue.
  o CILs will become conversant in contract language and responsibilities.
  o CILs will carry out provisions of the contract.
  o CILs will educate Home and Community Services case managers, rehabilitation specialists, nursing home social workers, and other direct care workers on the value of independent living philosophy.

• Activity 3: The SILC and CILs will identify and promote policy and legislation that provide for choice, services, and supports that will ensure individuals with disabilities can obtain and maintain independence in their community through the following activities:
  o The SILC and CILs will prepare and implement a plan to educate US Congressional delegation and State Representatives through position papers, distribution of cost-benefit analysis data, and individual testimony.
  o CILs will educate Congress, and community members with and without disabilities on the necessity of the Community Living Assistance and Supports Act. (CLASS ACT) and other pieces of critical legislation affecting the lives of individuals who need these services.
  o SILC members shall plan a process to become knowledgeable regarding existing state and federal programs to effectively monitor legislation and coordinate services as they relate to State Independent Living Plan goals.
  o The SILC will invite ACIL-WA to formally educate SILC members and staff on existing services and utilization of services by individuals with disabilities.
  o CILs will actively educate consumers, local and statewide advocacy organizations on the necessity of policy that promotes services and supports to maintain independence.
  o CILs will educate group homes, nursing homes, Home and Community Services and other providers about IL and IL philosophy.

Timeline & Financial Plan:  The majority of the activities in the “Deinstitutionalization” section require relationship building, attending meetings, being made aware of options through state and federal funding, and advocacy and education associated with these activities. The SILC, CILs and ACIL-WA will focus on transitioning individuals out of nursing homes/ institutions in each of the three years of the SPIL. The costs of performing these activities will be absorbed in the CIL and SILC budgets.
Goal 10: Insure that People with Disabilities are Included in Emergency Preparedness Activities.

There is a much greater emphasis on preparation for disasters, natural and man-made, in the last five to six years due to the events of 9/11 and Katrina on a national level and the windstorms in Washington State. Earthquakes, volcanic activities and tsunamis are considerations for emergency preparedness in the State of WA. Thus, it is imperative that individuals with disabilities, with the unique needs we have, must be prepared for such events.

- **Activity 1:** CILs will develop and implement a plan with measurable objectives to educate people with disabilities about how to be prepared in the event of a disaster.
  - As part of the intake process, CILs will inform participants how to make an emergency plan and kit in the event of a disaster -- emphasizing the importance of carrying at least a three-day supply of medication with them along with a list of medications and dosages.
  - CILs will provide training to encourage consumers to become active in their community’s emergency response efforts in a capacity of their choice.
  - In peer support and other support group efforts, CILs will continually remind consumers of their personal responsibility to be prepared and proactive.

- **Activity 2:** SILC will continue to work with federal, state, and local administrative agencies in coordination, education and outreach efforts using the following strategies:
  - Provide input and coordinate with Governor’s office on future “after action” plans.
  - Provide disability-related input to Washington State Emergency Management Division. Seek possible funding from this agency for CILs to prepare CIL consumers for potential future emergencies.
  - Continue to provide disability-related input to Washington State Department of Health (Public Health Emergency and Response Preparedness).
  - Coordinate with private business and other non-profits (i.e. American Red Cross) to promote emergency awareness for persons with disabilities.

**Timeline and Financial Plan:** Explore these possibilities in all three years of this State Plan. Funding will come from the existing budgets of ACIL-WA and the SILC.
Goal 11: Increase access to Assistive Technology (AT) Devices and Services

One of the ways in which individuals with disabilities lead independent lives is through the purchase and effective use of assistive technology. These devices can be 1. expensive or not so expensive, 2. Hi-tech, or low-tech, 3. off the shelf or specially designed. Assistive technology can play a critical role in all aspects of independent living and as a reasonable accommodation on the job. And yet, many people go without the technologies they need because of (a) lack of information about AT and the wide range of devices available (b) lack of financing to pay for the assistive technology and (c) lack of awareness and funding for the services needed to effectively use AT (e.g., evaluations, training, repairs, warranties, etc). The SPIL will seek to improve access to AT in Washington State in four ways:

- Activity 1. CILs will determine goals and measurable objectives to assist individuals with disabilities to advocate for and obtain affordable appropriate Assistive Technologies
  - Ensure that consumers of CILs are aware of the various devices and financial loan programs and AT “lending closets” that exist around the state.
  - SILC will coordinate with agencies that specialize in AT to provide the latest information on funding and technology.
  - CILs will research and apply for grants and pursue other strategies to improve availability and funding of AT in individual’s homes and for other independent living purposes including health, recreation and community life.

- Activity 2: CILs will establish goals and specific outcomes with the employment community to ensure that they understand the role of both low and high tech AT in achieving reasonable accommodations in the workplace by collaborate with DVR and Community Rehabilitation Programs (CRPs) to increase awareness and knowledge of the availability of Assistive Technology for individuals with disabilities who are pursuing employment.

- Activity 3: CILs will develop and implement a measurable plan to partner with local school districts and agencies to expand funding for Assistive Technology using the following strategies:
  - Identify AT needs with local school districts
  - Provide education and information to the Washington State legislature to expand financing programs for assistive technology for individuals of all ages and funding for special education and assistive technology in elementary and secondary schools.
  - SILC will coordinate with the Office of Superintendent of Public Instruction (OSPI) and agencies and community organizations that specialize in AT on a statewide basis to identify needs and strategies to address those needs.
Activity 4: CILs will plan and implement the following strategies to increase use of technology among the CILs (i.e., video conferencing, use of all communication technology mediums (TTY, text messaging, etc.) – This will involve staff training to know how to use the latest technology to communicate in any possible way.
  o CILs will research grants from technology vendors to pursue video conferencing capacity.
  o SILC will pursue funding source to implement accessible video conferencing on a state-wide basis for trainings and meetings.
  o CILs will continually update both funding opportunities and implementation of new technology in meetings with peers and in use with direct services with consumers.

Timeline and Financial Plan: Explore these possibilities in all three years of this State Plan. Funding will come from the existing budgets of ACIL-WA and the SILC.
Goal 12: Increase Employment Opportunities.

In order for individuals with disabilities to be prepared for work, a multitude of supports are necessary for positive employment outcomes to occur. These supports include: a stable place to live (housing), effective and reliable private or public transportation, access to assistive technology, knowledge of career options during the transitioning process, and solid independent living training, and so on. The SILC, ACIL-WA, and the individual CILs believe that effective IL allows for effective employment outcomes. In other words, IL and employment truly go hand-in-hand. The CILs are committed to working with employment-related agencies such as Division of Vocational Rehabilitation, Washington State Rehabilitation Council, and the various Community Rehabilitation Programs (CRPs) to promote employment opportunities and resources for individuals with significant disabilities in this state.

Part II: Narrative

Section 1: Goals, Objectives and Activities - Screen 2

1.2 Objectives

1.2A. Specify the objectives to be achieved and the time frame for achieving them. All 12 Goals will be addressed in the 10/1/2010 to 9/30/13 time frame.

<table>
<thead>
<tr>
<th>Goal(s) from Section 1.1</th>
<th>Objective to be achieved</th>
<th>Time frame start date</th>
<th>Time frame end date</th>
</tr>
</thead>
</table>

Part II: Narrative

Section 1: Goals, Objectives and Activities - Screen 3

1.2 Objectives

1.2B Describe the steps planned regarding outreach to populations in the State that are unserved or underserved by programs under title VII, including minority groups and urban and rural populations.

- Identify the populations to be designated for targeted outreach efforts
Identify the geographic areas (i.e., communities) in which the targeted populations reside

Entire State. All counties particularly those counties that receive Title VII Part C funding

Describe how the needs of individuals with significant disabilities from minority group backgrounds will be addressed

This information is provided in detail in the "Narrative" Goals, Objectives, and Activities."

1.3 Financial Plan

Describe in sections 1.3A and 1.3B, below, the financial plan for the use of Federal and non-Federal funds to meet the SPIL objectives.

1.3A Financial Plan Tables

Complete the financial plan tables covering years 1, 2 and 3 of this SPIL. For each funding source, provide estimated dollar amounts anticipated for the applicable uses. The financial plan table should include only those funding sources and amounts that are intended to support one or more of the objectives identified in section 1.2 of the SPIL. To the extent possible, the tables and narratives must reflect the applicable financial information from centers for independent living. Refer to the SPIL Instructions for additional information about completing the financial tables and narratives.

Year 1 - 2011 Approximate funding amounts and uses

<table>
<thead>
<tr>
<th>Sources</th>
<th>SILC resource plan</th>
<th>IL services</th>
<th>General CIL operations</th>
<th>Other SPIL activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Title VII Funds</td>
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<td></td>
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<tr>
<td>Title VII Funds Chapter 1, Part B</td>
<td></td>
<td></td>
<td>$607,961</td>
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</tr>
<tr>
<td>Sources</td>
<td>SILC resource plan</td>
<td>IL services</td>
<td>General CIL operations</td>
<td>Other SPIL activities</td>
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<td>Title VII Funds</td>
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<td>Title VII Funds Chapter 1, Part B</td>
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<td>Title VII Funds Chapter 1, Part C</td>
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<tr>
<td>Title VII Funds Chapter 2, OIB (only those provided by the OIB grantee to further a SPIL objective)</td>
<td></td>
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<tr>
<td>Other Federal funds - Sec. 101(a)(18) of the Act (Innovation and Expansion)</td>
<td></td>
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<tr>
<td>Other Federal funds - other</td>
<td>$144,000</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non-Federal funds - State funds</td>
<td>$36,000</td>
<td></td>
<td>$27,286</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>180000</td>
<td>0</td>
<td>1895345</td>
<td>0</td>
</tr>
</tbody>
</table>

Year 2 - 2012 Approximate funding amounts and uses
<table>
<thead>
<tr>
<th>Sources</th>
<th>SILC resource plan</th>
<th>IL services</th>
<th>General CIL operations</th>
<th>Other SPIL activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Title VII Funds</td>
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<tr>
<td>Title VII Funds Chapter 1, Part B</td>
<td></td>
<td></td>
<td>$335,102</td>
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<td>Title VII Funds Chapter 1, Part C</td>
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<tr>
<td>Title VII Funds Chapter 2, OIB (only those provided by the OIB grantee to further a SPIL objective)</td>
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<tr>
<td>Other Federal funds - Sec. 101(a)(18) of the Act (Innovation and Expansion)</td>
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<tr>
<td>Other Federal funds - other</td>
<td>$144,000</td>
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<td></td>
<td></td>
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<tr>
<td>Non-Federal funds - State funds</td>
<td>$36,000</td>
<td></td>
<td>$27,286</td>
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</tr>
</tbody>
</table>
1.3B Financial Plan Narratives

1.3B(1) Specify how the part B, part C and chapter 2 (Older Blind) funds, if applicable, will further the SPIL objectives.

Older Blind funds, while not specifically mentioned in the WA SPIL, complement the array of services provided by DVR, DSB the CILs, and the SILC.

1.3B(2) Describe efforts to coordinate Federal and State funding for centers and IL services, including the amounts, sources and purposes of the funding to be coordinated.

The CILs in the state of WA do not receive state funding, thus must rely on the Title VII, Parts B and C funding from DVR and RSA respectfully. The CILs work to balance their funding streams between the two funds (B and C) as well as procure funding through other grants, contracts, donations, and other sources.

1.3B(3) Describe any in-kind resources including plant, equipment or services to be provided in support of the SILC resource plan, IL services, general CIL operations and/or other SPIL objectives.

The Division of Vocation provides website support, reduced office rent, supplies, and other resources to assist in the advancement of the SILC resource plan.

1.3B(4) Provide any additional information about the financial plan, as appropriate.

1.4 Compatibility with Chapter 1 of Title VII and the CIL Work Plans

1.4A Describe how the SPIL objectives are consistent with and further the purpose of chapter 1 of title VII of the Act as stated in section 701 of the Act and 34 CFR 364.2.

The 2011-2013 SPIL is compatible with the CIL work plans as delineated in 34 CFR 364.42. In working to attain each of the Goals and Objectives of this SPIL, the SILC, ACIL-WA, and the individual CILs (as well as other partners, including DVR and DSB),
will strictly adhere to the IL philosophy. Characteristics of the IL philosophy, such as consumer-control, peer support, self-help, self-determination, equal access and individual and systems advocacy, etc. are practiced by all of the relevant parties.

1.4B Describe how, in developing the SPIL objectives, the DSU and the SILC considered and incorporated, where appropriate, the priorities and objectives established by centers for independent living under section 725(c)(4) of the Act.

The primary source of information to gather and implement the objectives established in the 2011-2013 SPIL were public forums. There were eight public forums in April and May 2010 to gather input. They were held in:

1. Seattle, April 1, 2010. @ Hearing Speech and Deafness Center. Primarily for Deaf, Deaf-Blind, and Hard of Hearing.
2. Tacoma April 21, 2010 @ TACID. Open to all. Over 50 attended
3. Seattle (2). April 22, 2010 AM @ Department of Services for the Blind. Over 23 attended
4. Bellingham. April 22, 2010 PM @ Whatcom Community College. 30 attended
5. Vancouver, May 11, 2010 @ Housing Authority. 12 attended
6. Ellensburg, May 12, 2010 @ Hal Holmes Community Center. 33 attended
8. Spokane, May 14, 2010 @ West Central Community Center. 42 attended

All of these forums were well attended and provide the SILC with a great deal of information to support the priorities identified in the SPIL. Individuals had the choice to attend in person and to attend by conference call and through CART-Stream on the Internet.

In addition to the forums, drafts of the SPIL were posted continually on the SILC website from mid-May to the end of June inviting additional feedback on the priorities and suggestions for new ones. Eleven unique individuals responded to the web-based draft SPILs to give further information on the process, strengthen existing priorities and to identify new goals and objectives.

The SPIL committee, chaired by Jim Baker (dARSW Executive Director) was also
instrumental in crafting the SPIL. This committee (composed of all the CIL directors, three SILC members, and the SILC executive director) worked with Patricia Yeager and Associates to devise a way to identify new priority areas of the state based on funding needs.

In addition to these methods, there were many phone calls, email exchanges, list serv notices, etc. to highlight the DRAFT SPIL and invite further comment, which many people did.

There was a final one-hour conference call to finalize the details of the SPIL, which was approved at the June 11, 2010 SILC quarterly meeting at the Hawthorn Suites Hotel in Kent, WA.

1.5 Cooperation, Coordination, and Working Relationships Among Various Entities

Describe the steps that will be taken to maximize the cooperation, coordination and working relationships among the SILS program, the SILC, and centers; the DSU, other State agencies represented on the SILC and other councils that address the needs of specific disability populations and issues; and other public and private entities determined to be appropriate by the SILC.

The description must identify the entities with which the DSU and the SILC will cooperate and coordinate.

There are both formal and informal ways that maximization of cooperation will be achieved. Formally, the SILC invites speakers to meetings, holds special meetings revolving around a SPIL topic, sends newsletters out, holds press conferences, develops and implements position papers on issues with the cooperation and input of other agencies, groups, and individuals. The SILC does this is a collective body and individually.

Informally, the SILC networks, sends email communications, and develops otherwise outside the "formal" channel of relationships to further IL, the rights of people with disabilities, and the SPIL to those interested an in need of IL services.
1.6 Coordination of Services

Describe how IL services funded under chapter 1 of title VII of the Act will be coordinated with and complement other services to avoid unnecessary duplication with other Federal, State, and local programs, including the OIB program authorized by chapter 2 of title VII of the Act, that provide IL- or VR-related services.

The SILC, CILs and other partners already do a great deal of work with these partner agencies. We believe that we have explained a great deal of the coordination of services with these agencies in the goals/ objectives (narrative) section.

• Special education: CILs work with school districts, schools, and individual teachers to provide transitional services to youth with disabilities. For additional information, please look at the section on “Transition.”

• Vocational Education. CILs work with a variety of Vocational Educators (VoTech, etc.) in their service areas as it relates to transitional services. The SILC does not perform a great deal of coordination of services in this arena, but will work with the Division of Vocational Rehabilitation to plan and strategize on how to make this more effective (the coordination of services).

• Developmental Disabilities Services: The SILC works with the Developmental Disabilities Council of Washington primarily on matters of common legislative interests. The CILs coordinate services with the this community through direct services, if applicable, or through information and referral services.

• Public Health. The CILs coordinate services with a variety of Public Health agencies (primarily county-based health departments) in the arena of “Emergency Preparedness.” In addition, the SILC works with the state Department of Health to gather and disseminate information relative to Emergency Preparedness. Again, this is addressed in the section on Emergency Preparedness.

• Mental Health. Each of the CILs coordinate services with existing agencies, state, local, public and private, in their catchment areas. Further, the CILs and the SILC engage in advocacy with a variety of mental health agencies in WA.

• Housing: We believe that we have answered this in the section on housing.

• Transportation. We believe that the coordination with partner agencies was addressed in the section on Transportation.

• Veterans’ Services. Coordination with Veteran’s agencies is addressed in the section on “Education, Marketing, and Outreach.”
• Programs under XVIII - XX of the Social Security Act. The CILs coordinate services for their consumers with the local (county) Home and Community Services (HCS) offices. Each of the CILs also employs a Benefits Specialist to address the complex issues surrounding Medicaid, Medicare, and other programs that assist individuals with disabilities. The SILC receives many calls on a state-wide toll free number regarding benefits and makes appropriate referrals to county Community Service Offices (CSOs), HCS offices, and CILs. The CILs and SILC will continue to serve clients and consumers in this capacity.

1.7 Independent Living Services for Individuals who are Older Blind
Describe how the DSU seeks to incorporate into, and describe in, the State plan any new methods or approaches for the provision of IL services to older individuals who are blind that are developed under the Older Individuals who are Blind program and that the DSU determines to be effective.

The Department of Services for the Blind (DSB) will continue to provide individualized, in-home training to older individuals who are blind. Additionally, in an attempt to serve more individuals with the personnel and resources available, DSB will offer, whenever desired or possible, group classes on various, specific topics or small seminars conducted over a period of two to three days providing an overview of the skills of blindness. (Information provided directly from DSB)

Part II: Narrative

Section 2: Scope, Extent, and Arrangements of Services

2.1 Scope and Extent
2.1A Check the appropriate boxes in the SPIL Instrument table indicating the types of IL services to be provided to meet the objectives identified in section 1.2 of this SPIL, and whether the services will be provided by the CILs or by the DSU (directly and/or through contract or grant).

<table>
<thead>
<tr>
<th>Table 2.1A: Independent living services</th>
<th>Provided by the DSU (directly)</th>
<th>Provided by the DSU (through contract and/or grant)</th>
<th>Provided by the CILs (Not through DSU contracts/grants)</th>
</tr>
</thead>
</table>

35
<table>
<thead>
<tr>
<th>Service Description</th>
<th>Yes</th>
<th>Yes</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Core Independent Living Services - Information and referral</td>
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<tr>
<td>Core Independent Living Services - IL skills training</td>
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<tr>
<td>Core Independent Living Services - Peer counseling</td>
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<td></td>
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<tr>
<td>Core Independent Living Services - Individual and systems advocacy</td>
<td></td>
<td></td>
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<tr>
<td>Counseling services, including psychological, psychotherapeutic, and related services</td>
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<tr>
<td>Services related to securing housing or shelter, including services related to community group living, and supportive of the purposes of this Act and of the titles of this Act, and adaptive housing services (including appropriate accommodations to and modifications of any space used to serve, or occupied by, individuals with significant disabilities)</td>
<td></td>
<td></td>
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<tr>
<td>Rehabilitation technology</td>
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<tr>
<td>Mobility training</td>
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<tr>
<td>Services and training for individuals with cognitive and sensory disabilities, including life skills training, and interpreter and reader services</td>
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<tr>
<td>Personal assistance services, including attendant care and the training of personnel providing such services</td>
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<tr>
<td>Surveys, directories and other activities to identify appropriate housing, recreation, accessible transportation and other support services</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Service Description</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
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<td>-----------------------------------------------------------------------------------</td>
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</tr>
<tr>
<td>Consumer information programs on rehabilitation and IL services available under this Act, especially for minorities and other individuals with disabilities who have traditionally been unserved or underserved by programs under this Act</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Education and training necessary for living in the community and participating in community activities</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Supported living</td>
<td>No</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>Transportation, including referral and assistance for such transportation</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Physical rehabilitation</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Therapeutic treatment</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Provision of needed prostheses and other appliances and devices</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Individual and group social and recreational services</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Training to develop skills specifically designed for youths who are individuals with significant disabilities to promote self-awareness and esteem, develop advocacy and self-empowerment skills, and explore career options</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Services for children with significant disabilities</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Services under other Federal, State, or local programs designed to provide resources, training, counseling, or other assistance of substantial benefit in enhancing the independence, productivity, and quality of life of</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Individuals with significant disabilities</td>
<td></td>
<td></td>
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<td>------------------------------------------</td>
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<td></td>
</tr>
<tr>
<td>Appropriate preventive services to decrease the need of individuals with significant disabilities for similar services in the future</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Community awareness programs to enhance the understanding and integration into society of individuals with disabilities</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Other necessary services not inconsistent with the Act</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
</tbody>
</table>

2.1B Describe any service provision priorities, including types of services or populations, established for meeting the SPIL objectives identified in section 1.2.

2.1C If the State allows service providers to charge consumers for the cost of services or to consider the ability of individual consumers to pay for the cost of IL services, specify the types of IL services for which costs may be charged and for which a financial need test may be applied, and describe how the State will ensure that:

- Any consideration of financial need is applied uniformly so that all individuals who are eligible for IL services are treated equally; and
- Written policies and consumer documentation required by 34 CFR 364.59(d) will be kept by the service provider.

Indicate N/A if not applicable.

N/A

2.2 Arrangements for State-Provided Services

2.2A If the DSU will provide any of the IL services identified in section 2.1A through grants or contractual arrangements with third parties, describe such arrangements.

The WA Division of Vocational Rehabilitation provides a host of IL services as identified in 2.1A primarily through a competitive bid process. CILs, community agencies, and individuals are eligible to sub-contract with DVR to provide IL services to consumers in order to enhance their job-readiness skills.
2.2B If the State contracts with or awards a grant to a center for the general operation of
the center, describe how the State will ensure that the determination of an individual's
eligibility for services from that center shall be delegated to the center.

N/A. Washington state does not provide grant awards to CILs.

Part II: Narrative

Section 3: Design for the Statewide Network of Centers

3.1 Existing Network

Provide an overview of the existing network of centers, including non-Part C-funded
centers that comply with the standards and assurances in section 725 (b) and (c) of the
Act, and the geographic areas and populations currently served by the centers.

The Washington CILs and the counties they serve:
• The Alliance of People with disAbilities - Seattle (King County)
• The Alliance of People with disAbilities - Redmond (East King County)
• Center for Independence - Lakewood (Pierce, Thurston, S. King counties)
• Central Washington Disability Resources - Ellensburg (Kittitas, Grant, Yakima, Chelan,
Douglas counties)
• Coalition of Responsible Disab- led - Spokane (Spokane, Ferry, , Lincoln, Pend Orielle,
Stevens, Whitman counties)
• disAbility Resources of Southwest Washington - Vancouver (Clark, Cowlitz, Skamania,
Wahkiakim counties)
• New CIL. (opening in future). NW WA: Snohomish, Island, San Juan, Skagit, and
Whatcom

3.2 Expansion of Network

Describe the design for the further expansion of the network, including identification of
the unserved and underserved areas in the State and the order of priority for serving these
areas as additional funding becomes available (beyond the required cost-of-living
increase).
A funding allocation formula was developed for the State of Washington’s Centers for Independent Living proposed eight CIL service regions by Patricia Yeager and Associates. The model was adapted from the funding allocation model for Indiana’s Centers for Independent Living (Indiana Business Research Center, 2009). The funding formula is based upon the average score across four main indicators, based upon US Census and state employment estimates for each WA county. The four indicators are:

1. Service Index – The level of service need in the county
2. Worker Disability index – The county disability rate compared to the statewide disability rate
3. Economic Distress Index. – The job density for the county compared the statewide job density.
4. Cost of Living Index. Calculated on a county by county by county basis. (Yeager)

The average score is calculated for each county. Using this average score, funding in terms of year 2000 dollars is calculated as $1000 multiplied by the average score for each county. This dollar amount was then converted to 2010 dollars by multiplying by the inflation factor of 1.27 (a 27% inflation rate). (from Yeager and Associates)

The total funding for each region was calculated by adding funding amounts for all counties served. Where counties that were served by more than one CIL, each shared the projected county funding proportional to the area of the county each CIL served. The percentage of total funds for each region was also calculated. (Yeager and Associates)

The funding formula demonstrates the current catchment area or service region for each CIL in the state. It shows information on number of people potentially to be served and the amount it might take to do that on a county by county basis. Perhaps most importantly, this formula determines a county-by-county and service area-by-service area funding level for serving people with disabilities in that area. The dollar amount can be translated to a percentage of the total state IL funding amount. For example if a state needs $10 million to provide independent living services to its residents with disabilities between the ages of 16-64 and there are 9 catchment or service areas, each area will have a percentage of that $10 million. The percentage is based on the formula and most likely will be different for each area. (Yeager and Associates)
We do not expect that the entire amount to fund a state IL system will become immediately available. This is a funding target to work toward with federal, state and county policy makers. As new money becomes available (Part B, state funds or other dollars that the SILC and DSU might agree upon) each Center will know how much of the funding they are getting in advance. They will get their percentage of the state total. The current IL network consist of the five CILs (with one branch office) listed above. For the SPIL period 2011-2013, it is assumed that there will be another CIL operating in NW WA (Snohomish, Skagit, Whatcom, Island, and San Juan Counties). Thus, there will be six CILs (with one branch, Alliance-Redmond) operating during the SPIL period.

The SILC and ACIL-WA suggest that in order for the entire state to receive adequate coverage the expansion of the future network of CILs be divided into eight regions. Currently, CILs operate in these five regions (the regions start in the NW corner of the state and proceed counterclockwise):

- Region Three: The Alliance (both offices): King County
- Region Four: Center for Independence: Pierce, Thurston, Kitsap, and Mason Counties
- Region Five: disAbility Resources of Southwest WA: Clark, Lewis, Wahkiakum, Skamania, and Cowlitz
- Region Six: Central Washington Disability Resources: Kittitas, Yakima, Okanogan, Chelan, Douglas, Grant, and Adams Counties
- Region Seven: Coalition of Responsible Disabled: Spokane, Ferry, Stevens, Pend Oreille, Lincoln, and Whitman

For future expansion, the SILC recommends the following priority areas:

- First Priority. Region One. This region is already being addressed under the RFP released by RSA in May 2010. Based on the acceptance of a proposal, there will be a new CIL to serve Region One (Snohomish, Skagit, Whatcom, San Juan, and Island Counties) for the 2011-2013 SPIL period. (Region One)
- Second Priority Region Eight. As stated in the ARRA amendments submitted to RSA in March 2010, if new funds became available, the second priority area to serve is the Southeast WA Region. Region Eight consists of the following counties: Asotin, Garfield,
Columbia, Walla Walla, Franklin, Benton, Klickitat
• Third Priority. Region Two. The coastal counties of Clallam, Jefferson, Gray’s Harbor, and Pacific Counties.

The total need of the state comes to $11,048,107.44 as determined by the funding formula establish by Patricia Yeager and Associates. Here is the suggested breakdown of the Regional Needs:

REGIONS 1-8 Number of Persons with Disabilities: 18-64 Total Funding with All Four variables (1. Service Index, 2. Worker Index, 3. Economic Distress 4. COLA)

Region One: NW WA 79,724 persons age 18-64 $1,253,085.16
Region Two: New CIL: Coastal Area 26,359 persons age 18-64 $911,792.17
Region Three: Alliance 233,588 persons age 18-64 $1,637,622.21
Region Four: CFI 171,251 persons age 18-64 $1,367,528.18
Region Five: dARSW 75,432 persons age 18-64 $1,341,789.47
Region Six: CWDR 68,583 persons AGE 18-64 $1,596,118.23
Region Seven: CORD 69,351 persons age 18-6 $1,416,995.73
Region Eight: NEW CIL (SE WA) 42,405 persons age 18-64 $1,523,196.30

Total for state 766,724 persons age 18-64 $11,048,107.44

Given that the $11.04M is an unlikely figure to attain in state general revenue dollars in
the near future, the CILs report that the minimum funding level that can sustain operations is $400,000 of core funding (those funds that provide only the four core services). This is based on actual current budgets of the CILs in this state.

Once the minimum core funding is reached (either combination of Part C only or Part B and C or Parts B and C AND state funding) at the $400,000 level, then it is recommended that the priority regions be addressed beginning with the first priority. If the NW WA is funded first, as planned, the next priority is Region 8 (SE WA) and then Region 2 (coast). In the event that there is not $400,000 available for the startup of a new CIL, a “priority” region will still be addressed at a reduced level of at least $200,000 in order to start as a smaller CI, then working itself up to a fully funded CIL of at least $400,000.

3.3 Section 723 States Only

3.3A If the State follows an order of priorities for allocating funds among centers within a State that is different from what is outlined in 34 CFR 366.22, describe the alternate order of priority that the DSU director and the SILC chair have agreed upon. Indicate N/A if not applicable.

NA

3.3B Describe how the State policies, practices and procedures governing the awarding of grants to centers and the oversight of these centers are consistent with 34 CFR 366.37 and 366.38.

NA

**State Plan for Independent Living (SPIL)**

State:
Washington
Agency:
Washington State Division of Vocational Rehabilitation
Plan for:
2011-2013
Submitted in fiscal year:
2010
Part II: Narrative

Section 4: Designated State Unit (DSU)

4.1 Administrative Support Services

4.1A Describe the administrative support services to be provided by the DSU for the SILS (Part B) program and, if the State is a Section 723 State, for the CIL (Part C) program.

Refer to the SPIL Instructions for additional information about administrative support services.

Both DVR and DSB provide administrative support as DSUs to the SILC and the CILs in Washington. The following are ways this has been accomplished:

1. Administration of Part B dollars (through a contract) from DVR to the individual CILs
2. DVR IT Staff assisting in the updating of the SILC website
3. With assistance of Governor Christine Gregoire’s office, appointing an ex-officio members (Andres Aguirre, DVR and Debbie Cooke, DSB) to serve on the SILC
4. DVR and DSB providing formal and informal guidance to CILs and SILC
5. Title VII Part B audits for all of the Washington CILs that receive Part B funds. This is true for all of the CILs.
6. Funding: DSB and DVR assisting in the funding of the SILC
7. DVR supports a Summer Youth Program for each of the CILs in the state

4.1B Describe other DSU arrangements for the administration of the IL program, if any.

DVR contracts with the CILs to administer Title VII, Part B program for youth with disabilities (504 Students).

DVR contracts with CILs, community agencies and individuals to provide IL services to enhance job readiness skills (II Skills and other services).

DVR provides funding (Contracts with) the CILs for a Summer Youth Program.
Part II: Narrative

Section 5: Statewide Independent Living Council (SILC)

5.1 Resource plan

5.1A Describe the resource plan prepared by the SILC in conjunction with the DSU for the provision of resources, including staff and personnel, made available under parts B and C of chapter 1 of title VII, section 101(a)(18) of the Act, and from other public and private sources that may be necessary to carry out the functions of the SILC identified in section 705(c). The description must address the three years of this SPIL.

- Refer to the SPIL Instructions for more information about completing this section.

For more information click the icon.

The Resource Plan for the SILC is developed in conjunction with the DSUs, Division of Vocational Rehabilitation and the Department of Services for the Blind. The resource plan examines ways that the SILC is able to fund its mission. The primary mission of the SILC is to compose, monitor and evaluate the three-year State Plan for Independent Living in this state.

As it relates to the specifics of financing the operations of the SILC, the SILC will continue to use funds from both DVR and DSB. The portion from DVR is the Title I funding that arrives directly from RSA. Conversely, the DSB portion is Title VII, Part B funding. These two sources of funding will continue to be the core funding for the Washington SILC.

5.1B Describe how the following SILC resource plan requirements will be addressed.

- The SILC’s responsibility for the proper expenditure of funds and use of resources that it receives under the resource plan.

The SILC works with DVR fiscal to pay invoices, devise and implement contract language for purchasing of services and other activities to ensure the smooth operation of the SILC. The financial policies and procedures are housed in both DVR and DSB. The SILC abides by these policies and procedures in financial matters pertaining to Council business.
• Non-inclusion of conditions or requirements in the SILC resource plan that may compromise the independence of the SILC.

The SILC works to the best of its ability to make sure that there is as little programmatic interference of SILC budget by DVR.

• Reliance, to the maximum extent possible, on the use of resources in existence during the period of implementation of the State plan.

The SILC reports and to DVR fiscal and they monitor expenses for the agency. Further, the SILC keeps an unofficial running of expenses for reporting to the SILC and to create a check and balance system against the OFM/ DVR fiscal reporting.

5.2 Establishment and Placement

Describe how the establishment and placement of the SILC ensures its independence with respect to the DSU and all other State agencies. Refer to the SPIL Instructions for more information about completing this section.

While the SILC is housed in DVR for financial and administrative purposes, the programmatic aspects of the SILC are indeed independent from DVR. This is illustrated in a number of different ways:

1. The interim DVR director, Andres Aguirre, is a member of the SILC, and serves in an ex-officio capacity.
2. The SILC offices are physically separated from DVR’s offices.
3. The SILC executive committee (and Council) compose the resource plan. The Council formally ratifies the plan.
4. The SILC Executive Director position description is composed by the SILC. The Executive Director composes and implements the position description (along with the Washington State Rehabilitation Council) of the Executive Assistant. DVR has little influence in this process.
5. Most importantly, the SILC supervises the Executive Director and sets the agenda of the SILC.

5.3 Appointment and Composition
Describe the process used by the State to appoint members to the SILC who meet the composition requirements in section 705(b). Refer to the SPIL Instructions for more information about completing this section.

Because the SILC was set up by executive order, the Governor, Christine Gregoire, makes appointments to the SILC. The Governor makes these appointments based on background checks and a system of recommendations. The Governor does ensure that qualifications, as articulated in 705 (b), are met.

The Chair is selected by a vote of the Council at the October council meeting. The terms, conditions, and duties of the officers, including the Chair, are provided in the SILC by-laws. The vacancies are filled through looking at the current slots and trying to ensure that the various slots, such as business, CIL representative, 121 representative, etc., are filled. The Governor also works to ensure that ethnic and geographic diversity is represented since it is truly a state-wide Council.

5.4 Staffing

Describe how the following SILC staffing requirements will be met.

- SILC supervision and evaluation, consistent with State law, of its staff and other personnel as may be necessary to carry out its functions.

The SILC council hires, trains and supervises the director. The director has a position description that is jointly developed with the Council that is used as the basis of performing the everyday functions of the office.

The Director hires, trains and supervises the Executive Assistant to the SILC.

At the current time, both SILC employees are employees of reoord. for the State (under DVR).

- Non-assignment of duties to SILC staff and other personnel made available by the DSU, or any other State agency or office, that would create a conflict of interest while assisting the SILC in carrying out its duties.
Part II: Narrative

Section 6: Service Provider Requirements

Describe how the following service provider requirements will be met:

6.1 Staffing

- Inclusion of personnel who are specialists in the development and provision of IL services and in the development and support of centers.

The Department of Services for the Blind and the five (one branch office) CILs, all have written policies, including job descriptions, evaluations, personnel policies and procedures, etc., that address staffing requirements, fiscal control and fund accounting, record keeping, eligibility for services, Independent Living Plans, alternative communication needs, professional development, information about the Client Assistance Program (CAP), affirmative action, accounting standards, and so on. In addition, each CIL and DSB agrees to these assurances in the yearly 704 Report. These assurances address most, if not all, of the requested Service Provider Requirements.

- Availability, to the maximum extent feasible, of personnel able to communicate (1) with individuals with significant disabilities who rely on alternative modes of communication, such as manual communication, nonverbal communication devices, Braille, or audio tapes and (2) in the native languages of individuals with significant disabilities whose English proficiency is limited and who apply for or receive IL services under title VII of the Act.

The are policies in place with all of the CILs, the SILC, DVR, and DSB that address the need, use, and availability of alternative methods of communication, including ASL, CART, CART-Stream (on the Internet) Braille, audio tapes, accessible web design etc. All of these methods of communication have been utilized by the Washington SILC and its partners.

- Establishment and maintenance of a program of staff development for all classes of positions involved in providing IL services and, where appropriate, in administering the CIL program, improving the skills of staff directly responsible
for the provision of IL services, including knowledge of and practice in the IL philosophy.

Staff development is a critical issue for the CILs, DVR, DSB, and the SILC. Opportunities are abundant, and SILC staff take advantage of on-line training and in-person training as much as feasible. Topics include: IL 101, RSA MIS training, DVR Rehab Law, NICL and ARPIIL conference workshops, and others. CILs, DVR, and DSB also go through generalized and specialized training.

- Affirmative action to employ and advance in employment qualified individuals with significant disabilities on the same terms and conditions required with respect to the employment of individuals with disabilities under section 503 of the Act.

There are policies set in place at the CIL, DSB, DVR, and SILC that address ensuring that qualified individuals with significant disabilities are given consideration in the employment process under section 503 of the Act.

6.2 Fiscal Control and Fund Accounting

- Adoption of those fiscal control and fund accounting procedures as may be necessary to ensure the proper disbursement of and accounting for funds made available through parts B and C of chapter 1 of title VII of the Act, in addition to complying with applicable EDGAR fiscal and accounting requirements.

The WA SILC follows WA Office of Fiscal Management (OFM) policies under the state of WA, as does the DVR and DSB. The CILs follow EDGAR fiscal and accounting requirements as dictated by the law.

6.3 Recordkeeping, Access and Reporting

- Maintenance of records that fully disclose and document the information listed in 34 CFR 364.35.

Policies are in place for the full disclosure of information listed in 34 CFR 364.35.
- Submission of annual performance and financial reports, and any other reports that the Secretary determines to be appropriate

The SILC submits reports to DVR, OFM, and to RSA (as applicable) on the 704 Report. The reports typically come from the SILC executive director as well as from DVR and DSB fiscal.

- Access to the Commissioner and the Comptroller General, or any of their duly authorized representative, for the purpose of conducting audits, examinations, and compliance reviews, to the information listed in 34 CFR 364.37.

There are policies in place with DVR Fiscal and WA Office of Fiscal Management that address this issue.

6.4 Eligibility

- Eligibility of any individual with a significant disability, as defined in 34 CFR 364.4(b), for IL services under the SILS and CIL programs.

Eligibility for most CIL services is "by word of consumer." That is, the client/participant/consumer states they have a disability and are in need of services from a CIL.

For Part B services, the youth must be on a 504 Plan.

For membership on the WASILC, most all have significant disabilities.

- Ability of any individual to seek information about IL services under these programs and to request referral to other services and programs for individuals with significant disabilities.

See directly above

- Determination of an individual's eligibility for IL services under the SILS and CIL programs in a manner that meets the requirements of 34 CFR 364.51.

See above
• Application of eligibility requirements without regard to age, color, creed, gender, national origin, race, religion, or type of significant disability of the individual applying for IL services.

All CILs, the SILC, DVR, and DSB have these policies in place to ensure that all individuals, regardless of their protected classification, are eligible for services.

• Non-exclusion from receiving IL services of any individual who is present in the State and who is otherwise eligible for IL services, based on the imposition of any State or local residence requirement.

For Part C services, it is required that individuals reside in the residence of the catchment area agreed to by RSA with a particular CIL. However, there are many instances where persons who are not residents of the state or a particular county receive services. The CILs have working formal and informal policies that address this issue.

6.5 Independent Living Plans

• Provision of IL services in accordance with an IL plan complying with Sec. 364.52 and mutually agreed upon by the individuals with significant disabilities and the appropriate service provider staff unless the individual signs a waiver stating that an IL plan is unnecessary.

The CILs have such policies in place and these are fully explained to participants who engage in CIL services.

6.6 Client Assistance Program (CAP) Information

• Use of accessible formats to notify individuals seeking or receiving IL services under chapter 1 of title VII about the availability of the CAP program, the purposes of the services provided under the CAP, and how to contact the CAP.

CIL participants are made aware of the CAP during the first meeting with a CIL representative. In addition, the SILC provides this information (CAP Information) to individuals who may need additional assistance or wish to address a grievance about a particular CIL.
6.7 Protection, Use and Release of Personal Information

- Adoption and implementation of policies and procedures meeting the requirements of 34 CFR 364.56(a), to safeguard the confidentiality of all personal information, including photographs and lists of names.

Before each meeting the SILC verbally addresses the audience to ensure that photos may be used. In addition, there is a form utilized to address this issue as well.

CILs also have the same approach to both private and public meetings.

**State Plan for Independent Living (SPIL)**

**State:** Washington

**Agency:** Washington State Division of Vocational Rehabilitation

**Plan for:** 2011-2013

**Submitted in fiscal year:** 2010

**Part II: Narrative**

**Section 7: Evaluation**

Describe the method that will be used to periodically evaluate the effectiveness of the plan in meeting the objectives established in Section 1. The description must include the State's evaluation of satisfaction by individuals with significant disabilities who have participated in the program.

**Section 7: Evaluation**

<table>
<thead>
<tr>
<th>Goal(s) and the related Objective(s) from Section 1</th>
<th>Method that will be used to evaluate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Section 7. Evaluation. As described in 34 CFR 364.38, the SILC, ACIL-WA, the two DSUs, and other interested parties shall periodically evaluate the effectiveness of the SPIL.</td>
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<tr>
<td>The Washington SPIL will be evaluated by the SPIL Committee with assistance from the DSUs/other existing state-level funding agencies (e.g., DVR, DSB, ODHH, DDD). During the past year, the SPIL committee has been busy meeting to discuss elements</td>
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that will go into the SPIL as well as hosting a series of Public Forums to gather input from the public about what should be included in the 2011-2013 SPIL. The core of the SPIL committee will stay intact as the evaluation piece is implemented. The 2008-2010 SPIL will be evaluated annually by this committee.

The method of evaluation will be that the approved SPIL will be used as a “checklist” to gauge the document’s progress. Adjustments will be made to the document itself or to the strategies in the Goals, Objectives, if there the SPIL Evaluation Committee determines this to be the case.

In addition to the continuation of the SPIL Committee, evaluation of the 2011-2013 will also consist of:

• Using the annual 704 Report as a guide to gauge the progress of the SILC, the individual CILs, and DSB with respect to the various services they provide to individuals with disabilities in this state. The timeline for this is yearly and will not encompass any extra expenses on the part of the CILs, DSB or the SILC.

• Constructing and distributing a consumer satisfaction survey to each and every participant of the CILs. The object of the survey is to find out the level of satisfaction of services provided by the CILs. The SILC will work with the individual CILs to construct the language of the survey that will be presented to consumers of the CILs. It is the goal of the SILC to survey 100 consumers per year for the next three years.

• Utilizing any current or future Rehabilitation Services Administration (RSA) monitoring of the Washington CILs to measure strengths and challenge areas of the individual CILs in order to promote best practices but also to offer technical assistance in the event that assistance is needed.

• Working with the CILs themselves to evaluate the efforts of the SILC to assist in their efforts to expand capacity not only in their current catchment area, but also throughout the state of Washington. The SILC encourages both formal and informal feedback by the CILs (and other partners) of the SILC. This method also utilizes an “interview” style method of obtaining information whereby the SILC executive director provides a set of questions relating to the goals and activities of the SPIL to the CIL directors and they respond based on activities and outcomes of their SPIL. This information is readily available on the SILC website (www.wasilc.org).
Part II: Narrative

Section 8: State-Imposed Requirements

8 State-Imposed Requirements

Identify any State-imposed requirements contained in the provisions of this SPIL.

The CILs in this state receive funding directly from RSA (Title VII, Part C) and from DVR in the form of a contract (Title VII, Part B). The CILs also receive additional funds, such as local/state grants, individual donations, fee for service, etc.

As it relates to “state only” requirements with the DVR contract (Title VII, Part B), the stipulation is that these funds may only be used for Youth Transition Services, specifically for students that have 504 Plans.

In addition, DSHS receives its legal authority for contracting activities (Part B, IL skills, etc.) from the following statutes and regulations.

Chapter 39.29 RCW Personal Service contracts, gives state agencies the legal right to contract for services under specific circumstances. Client Service Contracts are a subset of Personal Service Contracts and are authorized under the same law.

Chapter 39.34 RCW The Interlocal Cooperation Act governs contractual relationships between public agencies. Common types of contracts that are governed by this statute include contracts between DSHS and other state agencies, counties, and federally recognized Indian Tribes.

Chapter 43.19 RCW and Chapter 43.105 RCW Certain purchased services, including those for Information Technology, are competitively procured and contracted by CCS. Many purchased services are made under state master contracts, which are managed by the Department of General Administration (GA), or are simply handled under a purchase order through the DSHS Central Purchasing Unit.

State Administrative and Accounting Manual (SAAM). The State Administrative and Accounting Manual (SAAM) provides control and accountability over financial and
administrative affairs of the State of Washington, and assists state agencies in gathering and maintaining information needed for the preparation of financial statements. The policies and procedures in this manual are the minimum requirements that state agencies must meet.

As allowed by OFM, DSHS has adopted additional policies and procedures providing assurance that the department meets the required minimum standards.

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number of this information collection is 1820-0527. The time required to complete this information collection is estimated to average 60 hours per response, including the time to review instructions, search existing data sources, gather the data needed, and complete and review the information collection. If you have any comments concerning the accuracy of the time estimate or suggestions for improving this form, please write to: U.S. Department of Education, Washington, D.C. 20202-4537. If you have any comments or concerns regarding the status of your individual submission of this form, write directly to: Ms. Sue Rankin-White, U.S. Department of Education, Rehabilitation Services Administration, PCP-5013, 400 Maryland Ave, SW, Washington, DC 20202-2800.