

State: WASHINGTON

**STATE PLAN FOR
INDEPENDENT LIVING
(SPIL)**

**Chapter 1, Title VII of the Rehabilitation Act of 1973,
as Amended**

**STATE INDEPENDENT LIVING SERVICES (SILS)
PROGRAM
PART B**

**CENTERS FOR INDEPENDENT LIVING (CIL) PROGRAM
PART C**

FISCAL YEARS 2008-2010

Effective Date: October 1, 2007

PART I: Assurances

State of: Washington

Section 1: Legal Basis and Certifications

- 1.1 The designated State unit (DSU) eligible to submit the State Plan for Independent Living (SPIL or the plan) and authorized under State law to perform the functions of the State under the State Independent Living Services (SILS) and Centers for Independent Living (CIL) programs is *Washington Division of Vocational Rehabilitation and Washington Department of Blind Services* . 34 CFR 76.104(a)(1) and (2); 34 CFR 364.22(a)
- 1.2 The separate State agency eligible to submit the plan and authorized under State law to provide vocational rehabilitation (VR) services to individuals who are blind is *N/A* . 34 CFR 76.104(a)(1) and (2); 34 CFR 364.20(d) and 364.22(c)
- 1.3 The Statewide Independent Living Council (SILC) that meets the requirements of section 705 of the Act and is authorized to perform the functions outlined in section 705(c) of the Act in the State is *Washington State Independent Living Council* (insert name of SILC). 34 CFR 364.21(a)
- 1.4 The DSU and, if applicable, the separate State agency authorized to provide VR services to individuals who are blind, and the SILC are authorized to jointly develop, sign and submit this SPIL on behalf of the State, and have adopted or otherwise formally approved the SPIL. 34 CFR 76.104(a)(7); 34 CFR 364.20(c) and (d)
- 1.5 The DSU, and, if applicable, the separate State agency authorized to provide VR services to individuals who are blind, may legally carry out each provision of the plan and will comply with all applicable Federal statutes and regulations in effect with respect to the three-year period it receives funding under the SPIL. 34 CFR 76.104; 34 CFR 80.11(c)
- 1.6 The SPIL is the basis for State operation and administration of the program. All provisions of the SPIL are consistent with State law. 34 CFR 76.104(a)(4) and (8)
Yes
- 1.7 The representative of the DSU and, if applicable, of the separate State agency authorized to provide VR services to individuals who are blind, who has the authority under State law to receive, hold, and disburse Federal funds made available under the SPIL and to submit the SPIL jointly with the SILC chairperson is *LouOma Durant, Director Department of Services of the Blind* (Name, title of DSU director) and *Lynnae Rutledge, Director Division of Vocational Rehabilitation* (Name, title of separate State agency director, if applicable). 34 CFR 76.104(a)(5) and (6)

Section 2: SPIL Development

- 2.1 The plan shall be reviewed and revised not less than once every three years, to ensure the existence of appropriate planning, financial support and coordination, and other assistance to appropriately address, on a statewide and comprehensive basis, the needs in the State for:
- the provision of State independent living services;
 - the development and support of a statewide network of centers for independent living; and
 - working relationships between programs providing independent living services and independent living centers, the vocational rehabilitation program established under title I, and other programs providing services for individuals with disabilities. *34 CFR 364.20(f)*
- 2.2 The DSU and SILC conduct public meetings to provide all segments of the public, including interested groups, organizations and individuals, an opportunity to comment on the State plan prior to its submission to the Commissioner and on any revisions to the approved State plan. *34 CFR 364.20(g)(1)*
- 2.3 The DSU and SILC establish and maintain a written description of procedures for conducting public meetings in accordance with the following requirements. The DSU and SILC shall provide:
- appropriate and sufficient notice of the public meetings (that is, at least 30 days prior to the public meeting through various media available to the general public, such as newspapers and public service announcements, and through specific contacts with appropriate constituency groups and organizations identified by the DSU and SILC);
 - reasonable accommodation to individuals with disabilities who rely on alternative modes of communication in the conduct of the public meetings, including providing sign language interpreters and audio-loops; and
 - public meeting notices, written material provided prior to or at the public meetings, and the approved State plan in accessible formats for individuals who rely on alternative modes of communication. *34 CFR 364.20(g)(2)*
- 2.4 At the public meetings to develop the State plan, the DSU and SILC identify those provisions in the SPIL that are State-imposed requirements beyond what would be required to comply with the regulations in 34 CFR parts 364, 365, 366, and 367. *34 CFR 364.20(h)*

- 2.5 The DSU will seek to incorporate into, and describe in, the State plan any new methods or approaches for the provision of IL services to older individuals who are blind that are developed under a project funded under chapter 2 of title VII of the Act and that the DSU determines to be effective. *34 CFR 364.28*
- 2.6 The DSU and SILC actively consult, as appropriate, in the development of the State plan with the director of the Client Assistance Program (CAP) authorized under section 112 of the Act. *34 CFR 364.20(e)*

Section 3: Independent Living Services

- 3.1 The State, directly or through grants or contracts, will provide IL services with Federal, State, or other funds. *34 CFR 364.43(b)*
- 3.2 Independent living services shall be provided to individuals with significant disabilities in accordance with an independent living plan mutually agreed upon by an appropriate staff member of the service provider and the individual, unless the individual signs a waiver stating that such a plan is unnecessary. *34 CFR 364.43(c)*
- 3.3 All service providers will use formats that are accessible to notify individuals seeking or receiving IL services under chapter 1 of title VII about:
- the availability of the CAP authorized by section 112 of the Act;
 - the purposes of the services provided under the CAP; and
 - how to contact the CAP. *34 CFR 364.30*
- 3.4 Participating service providers meet all applicable State licensure or certification requirements. *34 CFR 365.31(c)*

Section 4: Eligibility

- 4.1 Any individual with a significant disability, as defined in 34 CFR 364.4(b), is eligible for IL services under the SILS and CIL programs authorized under chapter 1 of title VII of the Act. Any individual may seek information about IL services under these programs and request referral to other services and programs for individuals with significant disabilities, as appropriate. The determination of an individual's eligibility for IL services under the SILS and CIL programs meets the requirements of 34 CFR 364.51. *34 CFR 364.40(a), (b) and (c)*
- 4.2 Service providers apply eligibility requirements without regard to age, color, creed, gender, national origin, race, religion or type of significant disability of the individual applying for IL services. *34 CFR 364.41(a)*

- 4.3 Service providers do not impose any State or local residence requirement that excludes any individual who is present in the State and who is otherwise eligible for IL services from receiving IL services. *34 CFR 364.41(b)*

Section 5: Staffing Requirements

- 5.1 Service provider staff includes personnel who are specialists in the development and provision of IL services and in the development and support of centers. *34 CFR 364.23(a)*
- 5.2 To the maximum extent feasible, a service provider makes available personnel able to communicate:
- with individuals with significant disabilities who rely on alternative modes of communication, such as manual communication, nonverbal communication devices, Braille or audio tapes, and who apply for or receive IL services under title VII of the Act; and
 - in the native languages of individuals with significant disabilities whose English proficiency is limited and who apply for or receive IL services under title VII of the Act. *34 CFR 364.23(b)*
- 5.3 Service providers establish and maintain a program of staff development for all classes of positions involved in providing IL services and, if appropriate, in administering the CIL program. The staff development programs emphasize improving the skills of staff directly responsible for the provision of IL services, including knowledge of and practice in the IL philosophy. *34 CFR 364.24*
- 5.4 All recipients of financial assistance under parts B and C of chapter 1 of title VII of the Act will take affirmative action to employ and advance in employment qualified individuals with significant disabilities on the same terms and conditions required with respect to the employment of individuals with disabilities under section 503 of the Act. *34 CFR 364.31*

Section 6: Fiscal Control And Fund Accounting

- 6.1 All recipients of financial assistance under parts B and C of chapter 1 of title VII of the Act will comply with applicable EDGAR fiscal and accounting requirements and will adopt those fiscal control and fund accounting procedures as may be necessary to ensure the proper disbursement of and accounting for those funds. *34 CFR 364.34*

Section 7: Recordkeeping, Access and Reporting

- 7.1 In addition to complying with applicable EDGAR recordkeeping requirements, all recipients of financial assistance under parts B and C of chapter 1 of title VII of the Act will maintain records that fully disclose and document:
- the amount and disposition by the recipient of that financial assistance;
 - the total cost of the project or undertaking in connection with which the financial assistance is given or used;
 - the amount of that portion of the cost of the project or undertaking supplied by other sources;
 - compliance with the requirements of chapter 1 of title VII of the Act and Part 364 of the regulations; and
 - other information that the Commissioner determines to be appropriate to facilitate an effective audit. *34 CFR 364.35(a) and (b)*
- 7.2 With respect to the records that are required by 34 CFR 364.35, all recipients of financial assistance under parts B and C of chapter 1 of title VII of the Act will submit reports that the Commissioner determines to be appropriate. *34 CFR 364.36*
- 7.3 All recipients of financial assistance under parts B and C of chapter 1 of title VII of the Act will provide access to the Commissioner and the Comptroller General, or any of their duly authorized representatives, to the records listed in 34 CFR 364.37 for the purpose of conducting audits, examinations, and compliance reviews. *34 CFR 364.37*

Section 8: Protection, Use, and Release of Personal Information

- 8.1 Each service provider will adopt and implement policies and procedures to safeguard the confidentiality of all personal information, including photographs and lists of names in accordance with the requirements of 34 CFR 364.56(a)(1-6). *34 CFR 364.56(a)*

Section 9: Signatures

After having carefully reviewed all of the assurance in sections 1 – 8 of this SPIL, the undersigned hereby affirm that the State of Washington is in compliance and will remain in compliance with the aforementioned assurances during FY 2008- 2010

The effective date of this SPIL is October 1, 2007

SIGNATURE OF SILC CHAIRPERSON

DATE

NAME OF SILC CHAIRPERSON: Shelley Hawkins

SIGNATURE OF DSU DIRECTOR

DATE

NAME AND TITLE OF DSU DIRECTOR: Lynnae Rutledge, Director

SIGNATURE OF DIRECTOR OF THE SEPARATE STATE AGENCY FOR INDIVIDUALS WHO ARE BLIND

DATE

NAME AND TITLE OF THE DIRECTOR OF THE SEPARATE STATE AGENCY FOR INDIVIDUALS WHO ARE BLIND: LouOma Durand, Director

ACIL-WA Representative

DATE

NAME AND TITLE OF ACIL-WA REPRESENTATIVE: Jeanette Murphy, President

PART II: Narrative

State of Washington

Introduction. Developing the three-year State Plan for Independent Living (SPIL) has been a long, exciting, and ambitious process. There have been many partners in the determination of the SPIL's composition, and we believe this document reflects that approach. As noted below, there were nine public forums for gathering information, none of which were alike. Each forum was represented by persons with varying disabilities, their family members, and representatives of various community partners and organizations, all of which reflected both the demographic and geographic diversity of the State of Washington.

The 2008-2010 SPIL is the result of many hours of time and effort by community members with and without disabilities. Everyone involved in the process added their ideas, needs, and vision of services throughout Washington State. The identification and implementation of mutual goals between the State Independent Living Council (SILC), ACIL-WA (Association of Centers for Independent Living- Washington, the state CIL association), and the DSUs and other existing state-level agencies (e.g., Division of Vocational Rehabilitation, Department of Services for the Blind, Office of Deaf and Hard of Hearing, Washington Division of Developmental Disabilities, etc.) is identified as a priority throughout the upcoming three-year State Plan cycle. In addition, the SPIL works to include the priorities of non-state entities.

The overall goal and mission of the State Plan for Independent Living (IL) is two-fold:

- To strategize about how to expand SILC membership to assure representation from un/underserved populations of the disability community as well as ethnic representation
- To assure that the SILC and the CILs will have the capacity to address and develop the six areas identified in this SPIL.

These issue areas are:

1. Housing
2. Transportation
3. Transition
4. Deinstitutionalization
5. Emergency Preparedness
6. Assistive Technology

Another top priority of this partnership is to identify the geographic areas where future

CILs might be developed and to collaborate with the SILC how expansion plan(s) be implemented. Thus, the following are further goals of the SPIL:

- Identifying and strategizing about addressing statewide issues;
- Addressing the underlying barriers within the statewide structure that blocks progress; and
- Building relationships with business, organizational, and governmental partners that assist in the furthering of independent living (IL) in this state.

Sources of Input for Plan. There were a total of nine public hearings around Washington state to gather input for the Washington State Plan for Independent Living. The notes of each of these events can be found at: <http://www.wasilc.org/events/upcomingevents.html>. The public forums were held at the following locations:

- Ellensburg, Hal Holmes Center, March 27, 2007
- Spokane, West Central Community Center, April 11, 2007
- Pasco, Red Lion Hotel, April 12, 2007
- Vancouver, DARSW office, May 8, 2007
- Longview, DARSW office, May 9, 2007
- Seattle, Alliance of People with disabilities Office, May 19, 2007
- Lakewood, Pierce County Library (Lakewood Branch), May 22, 2007
- Everett, disAbility Resource Connection office, May 23, 2007
- SeaTac, Doubletree Hotel, June 22, 2007

In each of the public forums, the SPIL committee encouraged audience members to provide information on those barriers that prohibit individuals from living more independently. In addition, we also wanted to hear solutions and ideas on how to address the articulated barriers.

Data collected from the CIL's 2005 and 2006 (Title VII Section) 704 Reports also yielded valuable information with which to provide a framework for identifying both existing services and gaps in throughout Washington State.

The SILC solicited and encouraged various forms of public input via email, telephone, and personal contact from individuals with disabilities, community partners, and identified un/underserved groups and organizations.

In addition to the public, the SILC directly solicited information from a variety of other agencies, including DVR, Office of Deaf and Hard of Hearing, Client Assistance Program, Aging and Disability Resource Centers, DSB, the Governor's Committee on Disability Issues and Employment.

Section 1: Goals, Objectives, Activities

1.1 Goal and Mission- 34CFR 364.42(b)(1). Provided in body of document (pages 8-32)

1.2 A Specify Objectives to be achieved and the timeframe for achieving them. This information is provided after each stated “Goal” from pages 8-32.

1.2B Objectives- 34 CFR 364.42 (a)(1) and (d); 364 CFR 364.32; 34 CFR 364.33. Describe the steps planned regarding outreach...” This information is provided in body of document. Pages 6-10 specifically address this issue.

1.3 Financial Plan- 34 364.42 (a)(2) and (3); 34 CFR 364.29

-Includes Financial Plan Tables and narratives. There is a brief “Timeline and Financial Plan” section provided after each Goals provided from page 8 to 32. The source of the SILC budget is Title I (section 110) funds it receives from the Division of Vocational Rehabilitation. Even though the SILC only receives one source of funding at this time, the Financial Plan takes into account that grants, donations and contracts may become available during the three-year SPIL. The SILC will certainly take advantage of and incorporate this funding into SILC activities if additional funding is realized.

ACIL-WA also plays a major role in the planning and implementation of this SPIL. This association is solely funded from the SILC budget at this time. (The SILC voted in the January, 2007 meeting to recommend that the Division of Vocational Rehabilitation provide \$25,000 to ACIL-WA for use in developing the organization and promoting independent living in this state.) The amount of funding, however, will be revisited each year by the SILC, DVR and ACIL-WA to see if adjustments need to be made.

ACIL-WA is also in the process of examining additional funding in order to broaden their financial base. In this regard, ACIL-WA has applied for and is awaiting word from the Internal Revenue Service (IRS) about its 501c3 non-profit status. Once the 501 c3 status is approved by the IRS, the organization will have more options at their disposal in terms of raising and spending funds.

The individual CILs themselves are also responsible for the goals and objectives of the SPIL. Their funds come from a variety of sources, including Title VII Part B, Title VII Part C, and the other local, state, and individual funds they procure.

We have also provided a brief “timeline and financial plan” for the Evaluation (Section 7).

1.3B(1) Specify how the part B, part C and chapter 2 (Older Blind) funds, if applicable, will further the SPIL objectives.

DSB will use these to further the SPIL through outreach, collaboration and direct service activities.

All of the Washington CILs are funded through both Part B and C funds. The Part B (Title VII) funds are used to provide outreach services, purchasing consumer goods or services, and other costs affiliated with providing IL services, including administrative costs. Part C funding is utilized to provide the four core services, including outreach and collaboration with other agencies to promote IL, all consistent with furthering the SPIL activities provided in this document.

1.3B(2) Describe efforts to coordinate Federal and State funding for centers and IL services, including the amounts, sources and purposes of the funding to be coordinated. The SILC and the CILs will use any funding at their disposal to promote and provide IL services. In terms of coordination, DVR contracts with the CILs to provide outreach, consumer assistance and additional services to individuals with significant disabilities in this state using Title VII, Part B funds. Further, the state of Washington puts up 10% match funding in order to receive federal funding for the CILs and the SILC.

1.3B(3) Describe any in-kind resources including plant, equipment or services to be provided in support of the SILC resource plan, IL services, general CIL operations and/or other SPIL objectives. Most, if not all of the CILs, receive some in-kind services as part of their operations. This might include a break on office rent, promotional items of some kind for fundraisers, items needed to run day-to-day operations (supplies and equipment). The SILC does not receive in-kind donations for its operations.

Sources	Approximate Funding Amounts and Uses			
	SILC Resource Plan	IL Services	General CIL Operations	Other SPIL Activities
Title VII Funds				
Chapter 1, Part B			301,592	
Chapter 1, Part C			1,262,861 *	
Chapter 2, Older Individuals Who are Blind				

Other Federal Funds				
Sec. 101(a)(18) of the Act (Innovation and Expansion)				
Other				
Non-Federal Funds				
State Funds	219,836		33,510	
Other				

Year 2

<u>Sources</u>	<u>Approximate Funding Amounts and Uses</u>			
	SILC Resource Plan	IL Services	General CIL Operations	Other SPIL Activities
Title VII Funds				
Chapter 1, Part B			310,640	
Chapter 1, Part C			1,300,747	
Chapter 2, Older Individuals Who are Blind				
Other Federal Funds				
Sec. 101(a)(18) of the Act (Innovation and Expansion)				
Other				
Non-Federal Funds				
State Funds	226,431		34,515	
Other				

Year 3

<u>Sources</u>	<u>Approximate Funding Amounts and Uses</u>			
	SILC Resource Plan	IL Services	General CIL Operations	Other SPIL Activities
Title VII Funds				

Chapter 1, Part B			319,959	
Chapter 1, Part C			1,339,769	
Chapter 2, Older Individuals Who are Blind				
Other Federal Funds				
Sec. 101(a)(18) of the Act (Innovation and Expansion)				
Other				
Non-Federal Funds				
State Funds	233,234		35,550	
Other				

Note: 3% Cost of Living Adjustment is added to each year.

* Based on information from most recent 704 Reports

1.4., 1.4A, 1.4B Compatibility with Title VII and the CIL work plans-34 CFR 364.42(c) and (e). The 2008-2010 SPIL is compatible with the CIL work plans as delineated in 34 CFR 364.42. In working to attain each of the Goals and Objectives of this SPIL, the SILC, ACIL-WA, and the individual CILs (as well as other partners, including DVR and DSB), will strictly adhere to the IL philosophy. Characteristics of the IL philosophy, such as consumer-control, peer support, self-help, self-determination, equal access and individual and systems advocacy, etc. are practiced by all of the relevant parties.

1.5 Cooperation, Coordination, and Working Relationships Among Various Entities- 34CFR 364.26. This is evident throughout the document and can be specifically found in pages 8-32.

1.6 Coordination of Services. The SILC, ACIL-WA, and the individual CILs have worked with a broad array of groups and organizations to promote and sustain independent living services in this state. We believe that working with, planning for and eventually providing services to individuals with significant disabilities in conjunction with such groups as the Division of Vocational Rehabilitation, Department of Services for the Blind, Washington State Rehabilitation Council, Washington Office of Deaf and Hard of Hearing, The Washington School for the Deaf, Washington Assistive Technology Foundation, Washington Assistive Technology Act Program, Washington Governor's Committee on Employment and Disability Issues, Disability Rights Washington (formerly Washington Protection and Advocacy), Client Assistance Program,

Aging and Disability Resource Centers, Washington Aging and Disability Services Administration, and more, the SILC, ACIL-WA and the individual CILs truly makes an effort to not only reach out to natural allies, but also work with these groups to ensure that collaboration and cooperation in service delivery occurs.

1.7 Independent Living Services for Individuals who are Older Blind-CFR- 34 CFR 364.28. The Department of Services for the Blind (DSB) will continue to provide individualized, in-home training to older individuals who are blind. Additionally, in an attempt to serve more individuals with the personnel and resources available, DSB will offer, whenever desired or possible, group classes on various, specific topics or small seminars conducted over a period of two to three days providing an overview of the skills of blindness. (*Information provided directly from DSB*)

Throughout the SPIL development process, emphasis was placed on how the SILC can more effectively change statewide systemic issues and advance disability rights in general. The SILC was challenged to increase awareness of statewide Independent Living (IL) goals by strengthening the Centers for Independent Living and promoting IL by using media and website tools. Audience members at the Public Forums were eager to express their opinions on topics that affect their daily lives, and the SPIL committee encouraged active dialogue. One of the major suggestions from audience members was that in order to build the capacity of not only the SILC, but the individual CILs, a broader representation of individuals with specific disabilities, ethnicities, and geographical locale must be reflected. Thus, this SPIL believes that minority outreach, specific disability (underserved) outreach and geographical outreach are areas of focus for the SILC and the CILs in the next three years.

Numerous activities listed below will show SILC and CILs as having responsibilities. In these situations the SILC will be identifying key relationships and identifying key opportunities to meet state plan goals. CILs will be follow up on these opportunities and perform all related services. This will apply to all 26 goals provided in the Washington State Plan for Independent Living.

Minority Outreach At the April 12, 2007 Public Forum in Pasco, an area in which a large number of Latino migrant workers reside, several individuals in the audience made suggestions on how to provide better outreach to the Latino community. One comment was that even though there were many flyers advertising the meeting available to Latinos in this community, from a cultural perspective, many Latinos “are hesitant or intimidated to attend a meeting in a hotel, even with Spanish speaking interpreters.” Thus, it was believed that a better way to conduct outreach to this population is to visit Latinos and migrant farm workers and their families in their homes, their churches or at picnics. Currently there are no Latinos on the SILC, and those at the Pasco forum made their voices known that they believed this to be of importance to them.

Goal 1. Expand Latino and ethnic minority membership on the SILC by January 1, 2008.

-Activity 1. Identify and recruit qualified individuals with disabilities from around the state. *Responsibility: SILC with input from advocates and the CILs*

-Activity 2: Encourage these individuals to apply for the SILC. Work with the Governor's office so that the challenges of locating and approving "mandated" slots minorities, such as the 121 VR Tribal Representative, are given priority. *Responsibility: SILC*

- Activity 3: Work with the various Division of Vocational Rehabilitation offices and Washington State Rehabilitation Council members and staff to identify minority groups that can serve on the SILC or CIL boards as well as receive direct services from the CILs. In addition work with other groups such as the Aging and Disability Resource Centers (ADRC) to seek minority representation at the CILs *Responsibility: SILC and Individual CILs*

Timeline and Financial Plan: The SILC will work to include Latinos and other underrepresented communities as members of the SILC in all three years of the SPIL. The three year SILC budget will be adequate to address this goal.

Goal 2. Raise awareness of the SILC and the CILs to all ethnic minority groups

-Activity 1: Provide information to ethnic minorities via radio (i.e., Spanish speaking radio), brochures in native languages, to schools that serve large percentages of ethnic minorities, and in churches. The SILC and CILs will work with leaders in the underserved communities to come up with strategies for implementation. *Responsibility: SILC and CILs*

-Activity 2: Increase the numbers of minorities on CIL boards. *Responsibility: CILs and SILC.*

Timeline and Financial Plan: The SILC and ACIL-WA will work to raise awareness to all ethnic groups throughout the three-year SPIL. There will be some costs associated with the outreach to these groups. Some of the funding will be absorbed by the SILC, while some will be absorbed by ACIL-WA. It is estimated that it will cost the SILC an additional \$2,000 each year, using FY 2007 as the base line budget year, to conduct an effective outreach campaign. The costs include travel, informational brochures, and meeting costs.

Goal 3. Increase the numbers of Latinos, African-Americans, and other ethnic minorities served by CILs by 10% by 2010.

-Activity 1. Develop culturally relevant outreach strategies that will enhance the ability of each CIL to deliver services in their individual program areas. *Responsibility: SILC and CILs*

Timeline and Financial Plan: The SILC and ACIL-WA will focus on this goal in each of the three years of the SPIL. It is estimated that the SILC, ACIL-WA, and the individual CILs will address this with current and future funding. In the case of the individual CILs, they have funding as part of a contract with DVR to conduct specific outreach to these and other groups.

Outreach Activities Addressing the Needs of Unserved/ Underserved Populations with disabilities * Centers for Independent Living pride themselves on services that can be accessed by persons with any type of disability. Meeting the needs of each individually identified group can be challenging, yet with education and awareness, the State Independent Living Council and Centers for Independent Living will continually work with stakeholders and organizations serving specific disabilities to expand independent living services that are appropriate to the identified groups.

** we are first and foremost a cross-disability service network but will address the prioritized needs of various disability populations (e.g., TBI, Deaf/HH, Deaf-Blind) identified in the SPIL*

Goal 1: Identify and Determine unmet needs for specific groups, such as the Deaf-Blind Community, individuals with TBI and their families, and the Deaf and hard of Hearing Community throughout the state.

- Activity 1. Review CIL 704 Reports to determine the need and establish baseline data which shall include number of Individuals served per disability.

Responsibility: SILC Executive Director

-Activity 2. Report on SILC on Aggregate Data in program areas for each of the above identified groups. *Responsibility: SILC*

- Activity 3. Utilize data to determine underserved disability groups in each of the program area Centers for Independent can be served most efficiently. *Responsibility: SILC, ACIL-WA, and individual CILs*

Timeline and Financial Plan. The compilation of applicable data will be completed between six months and one year. This will be completed by September 30, 2008. The SILC will absorb the cost of compiling data to

determine how CILs can effectively and efficiently deliver outreach, advocacy, and IL services to the groups mentioned above.

Goal 2. Enhance partnerships with Deaf and Hard-of-Hearing Communities throughout State of Washington. Increase awareness and presence of CILs to individuals who identify themselves as part of the Deaf and Hard-of-Hearing Communities. [Note: Deaf/HoH communities also reflect the interests of those involved with late deafened communities.]

-Activity 1. Make presentations to and meet with the Washington Office of Deaf and Hard of Hearing to promote the SILC and CILs as an option for Deaf and Hard of Hearing individuals. Meet with ODHH at least twice a year. *Responsibility: SILC director*

-Activity 2: Meet with Regional Service Centers for the Deaf and Hard of Hearing (Centers for the Deaf and Hard of Hearing) personnel in their offices to explain CIL services. *Responsibility: SILC and CILs*

- Activity 3: (as suggested by Deaf DVR counselor). Meet with Washington School for the Deaf in Vancouver to explain CIL transition services to students and teachers. *Responsibility: DARSW (CIL in Vancouver) and SILC director*

-Activity 4: Establish direct collaborations between the CILs and Centers for the Deaf and Hard of Hearing to provide deaf/hard-of-hearing friendly services. *Responsibility: SILC, CILs, ODHH, Deaf Services Centers*

Timeline and Financial Plan: The SILC, ACIL-WA, and the CILs are committed to working with ODHH, the Regional Service Centers for the Deaf, and the Deaf/ hard of hearing communities during all three years of the SPIL. The SILC will absorb costs of working with this community into its existing budget.

Goal 3: Enhance partnerships with Deaf-Blind Services. Increase awareness and presence of CILs to individuals who traditionally identify as members of the Deaf-Blind community by working with stakeholders such as Deaf-Blind Service Centers (DBSC), Washington State Deaf-Blind Citizens (WSDBC) and Lighthouse for the Blind. (LH).

-Activity 1. Increase awareness and needs of Deaf and Blind individuals to CIL personnel, particularly as it relates to the communication needs. Establish required training for existing CIL staff and Boards about Deaf, Deaf-Blind and Hard of Hearing cultural issues. *Responsibility: SILC director, CILs, ODHH, and members of the Deaf-Blind Community*

- Activity 2. Explore the possibility of appointing Deaf- Blind members to

SILC and to CIL boards. Engage in active recruiting of this population.
Responsibility: SILC director and CILs.

- Activity 3. Identify and work with Deaf- Blind Community to seek funding for additional direct services. Provide Deaf-Blind leaders information on potential grants and programs that directly benefit individuals who are Deaf- Blind. *Responsibility: SILC director.*

- Activity 4. Work to develop a statewide inventory of services and resources, including rehabilitation teachers and IL specialists who have experience with Deaf-Blind. *Responsibility: SILC director and CILs*

Timeline and Financial Plan: The SILC, ACIL-WA, and the individual CILs will work with the Deaf-Blind Community in each of the three years of the SPIL. The current three-year budget of the SILC will adequately handle outreach to this community.

Goal 4: Enhance partnerships with organizations serving individuals with Traumatic Brain Injuries (TBI) and their families

-Activity 1. Invite TBI advocates to SILC meetings in order that the SILC receive updates on legislation and services. *Responsibility: SILC director*

Activity 2. Work with TBI community to advocate for legislation relating to housing, transportation, and vocational services. *Responsibility: SILC and CILs*

-Activity 3. Identify and encourage TBI survivors, their family members and advocates to serve on local CIL boards. *Responsibility: SILC and CILs*

-Activity 4. Promote information about TBI on the SILC website.
Responsibility: SILC director.

-Activity 5. As a consequence of the wars in Iraq and Afghanistan, there is an increasing prevalence of this disability. Provide brochures, offer training, and promote CIL services to VA hospitals around the state.
Responsibility: SILC and CILs.

- Activity 6. Work with the Washington Department of Social and Health Services (DSHS) and other TBI partners to promote TBI Account and TBI Partnership Advisory Council to those individuals who may benefit from them. *Responsibility: SILC and CILs.*

Timeline and Financial Plan. Because this is a situation that is unlikely to go away anytime soon, the SILC and the CILs will work with TBI groups in all three

years of the SPIL. Again, the current SILC budget will handle outreach to this specific group of individuals.

Outreach to under and unserved parts of Washington and CIL Funding.

Washington covers 71,303 square miles, making it the 18th largest state by land mass in the country. The population of the state is 6.3 million individuals, ranking it 14th in the nation. Yet, only seven CILs serve this very large state. Further, the CILs are vastly underfunded by historical and national standards. By location, five of the seven CILs are located on the populated I-5 corridor between Everett in the north to Vancouver in the south, and the other two, in Ellensburg and Spokane, serve huge land masses east of the Cascade mountains.

Because there are only seven CILs in the state, large geographic pockets of the state receive minimal services. Given the current population and geographic makeup of the CILs, the Association of Centers for Independent Living in WA (ACIL-WA, the CIL association in this state) has determined that highest priority in dealing with the complex challenges of geography and population is first to strengthen the existing CIL funding base. After this is accomplished, there will be a concerted effort to examine where potential new CILs should be strategically placed in this state. ACIL-WA in conjunction with the SILC is committed to diligently working on this through its strategic plan.

Goal 1. Increase Funding for existing CILs.

The highest priority of ACIL-WA and the SILC is to bring the base funding of the individual CILs in this state up to at least \$375,000 within a two-year time frame. In 1999, NCIL (National Council on Independent Living) and ILRU (Independent Living Resource Utilization) implemented a study on the economics of running a Center for Independent Living in the United States, and they concluded that a minimum of \$250,000 is absolutely necessary to advance the cause of independent living for one CIL. Eight years later, the amount necessary to run basic services out of one CIL is substantially higher due to inflation and the rising numbers of individuals with disabilities in this state. Thus, the \$375,000 figure.

Currently, each Washington CIL receives funding through three major sources. First, Title VII, Part C funding comes directly from Rehabilitation Services Administration. This totals approximately \$1.26 M for the seven CILs, ranging from \$ 179,558 to \$182,691 per center. Second, each CIL receives Title VII Part B funding via a contract with the Washington Division of Vocational Rehabilitation. Again, there is a range of funding for the contract, depending on the CIL . The seven CILs received an aggregate of \$ 335,102 for this contract. Third, each CIL seeks and receives a host of other grants, contracts, and fee-for-

service dollars to fit the unique needs of each CIL. Within the next three years, the objective is to add a fourth major source of funding for the CILs- state appropriations. At the current time, none of the CILs receives state appropriations (General Funds) to perform the four core services of the CILs. It is the Goal of ACIL-WA and the SILC that each CIL retain its Title VII Part B and C funds (and the “other” funds they receive), but also to obtain at least \$150,000 (\$1,050,000 statewide total) for each CIL from the Washington State legislature.

-Activity 1. Work with key legislators (House and Senate appropriations committee members) to explain funding issues. Show them data from other states to support efforts to receive additional funding. Accomplish this by January 1, 2008. *Responsibility: SILC and ACIL-WA*

-Activity 2. Solicit support from community members to support justification in implementing the first state appropriations for CILs. Bring support (needs assessment, support letters, advocacy from consumers, etc.) to legislators. *Responsibility: ACIL-WA, individual CILs, and SILC*

-Activity 3. In the ACIL-WA strategic plan, develop additional strategies to accomplish this goal. ACIL-WA will evaluate such factors as: demographics, future migration patterns, current population, current and future industry (i.e. farming) patterns, etc, *Responsibility: ACIL-WA and SILC*

-Activity 4. The CILs will pursue the IL Skills Contract provided through the Division of Vocational Rehabilitation by participating in the upcoming Request for Quotations and Qualifications process. The purpose of the contract, not be confused with the Title VII Part B contracts, is to provide IL skills training, evaluations, and IL Work-Related Systems access (direct services to assist a person in accessing and utilizing public support systems, such as Medicaid, Section 8 Housing, etc.) to consumers seeking competitive employment-- while at the same time earning additional revenue for the CILs. *Responsibility: CILs*

Timeline and Financial Plan: The SILC and ACIL-WA (and other partners such as DVR, DSB and others) will first work to set up a strategic plan to address existing CIL funding and future expansion. This strategic plan process will be ongoing, but the major goals of this process will be in place by January 1, 2008. The SILC and ACIL-WA (and DVR/ DSB) will approach the legislature during each session and each opportunity until state funding is realized.

ACIL-WA will be spending an undetermined portion of their budget to address this very important issue. The SILC will incorporate this work in its existing budget.

Goal 2. Broaden outreach to underserved parts of the state. As the

introduction to this section indicates, Washington is the 18th largest state in the United States in terms of land mass, but only seven CILs serve this area. There is a dual purpose to this goal. First, it (outreach to underserved areas in the state) will lead to actual services to individuals with significant disabilities in these underserved areas. Second, promoting independent living in under and unserved geographic areas will encourage individuals living in these areas to become interested in IL. In other words, putting IL services on these people's radar screen (and providing the actual CIL services) will plant the seed for potential future CIL sites.

-Activity 1. Initiate town hall type meetings in areas of state that are underserved. *Responsibility: SILC and individual CILs*

-Activity 2. Seek out speaking engagements in areas not currently served by CILs. Speak to schools, service clubs, agency staff meetings, conferences, etc. *Responsibility: SILC and CILs*

- Activity 3. Market information to these underserved areas through advertising, writing letters to the editor, visiting schools, leaving brochures in high impact areas. *Responsibility: SILC and ACIL-WA*

-Activity 4. Identify or recruit individuals with disabilities, advocates, and family members in underserved geographic areas and introduce them to IL, invite them to SILC meetings, and meet with them in their home towns. *Responsibility: SILC and ACIL-WA (as an association)*

Timeline and Financial Plan (Goal 2: Broaden outreach to underserved parts of the state). Again, this is part of a three year process, and likely longer. So, all three years will be the focused timeline.

Since this Goal involves traveling, working with local disability leaders, hosting public forums, etc., there is a cost associated with it. It is estimated that the SILC will spend an additional \$4,000 per year (\$12, 000 for the three years) on outreach activities in underserved areas. ACIL-WA will also work with the SILC, DVR, and DSB to promote IL in underserved areas, and they, too, will spend an undetermined amount achieving this goal.

ACIL-WA- Association of Centers for Independent Living

The newly formed Association of Centers for Independent Living (ACIL-WA) is a critical component in outreach, education and promoting IL in this state. The statewide organization will work with SILC, DVR, DSB, and others to make IL services available to more individuals with disabilities in this state.

The **mission statement** of ACIL-WA is: “The Association of Centers for Independent Living of Washington facilitates the collaboration of Washington CILs to promote independent living, equal opportunities, and social justice for persons with disabilities.”

In its first year of existence (2007), ACIL-WA accomplished, or is in the process of completing, the following:

- 1) Securing its non-profit (501c3) status with the IRS;
- 2) Developing and coordinating training activities in August and September 2007 to update CILs in the topics Code of Federal Regulations, EDGAR, and the Rehabilitation Act, and others;
- 3) Developing specific protocols and training activities in standardizing the operational practices of CILs in Washington. This will focus on developing proper documentation procedures, excellent consumer services, optimal policies and procedures, and identifying “best practices” in core services and other services that vary from CIL to CIL.;
- 4) While awaiting final determination of 501 c3 status with the IRS, ACIL-WA is aggressively working on diversifying funding sources that will empower ACIL-WA to achieve its mission.
- 5) Setting up a process for evaluation of CIL and the expansion CILs in this state. The selection and implementation of new CILs in Washington state will be done by through a collaborative process between the existing CILs and SILC. The process will reflect and maintain competitive/quality assurance standards that are expected of CILs and SILC.

The goal of ACIL-WA is to establish a consistent and visible statewide presence for people with disabilities with legislators, funding sources, various advocacy groups, and people with disabilities throughout State of Washington. ACIL-WA is receiving start-up funding support from SILC-WA (State Independent Living Council of WA) and is working with the Washington DVR to mutually support the missions of one another.

In conjunction with the SILC three-year State Plan for Independent Living, ACIL-WA hopes to achieve the following:

- ACIL-WA will launch a three-year plan that mirrors the mutual interests of SILC, DVR, local CILs, and various community entities that contributed to the State Plan for Independent Living 2008-2010 (SPIL). This plan is in the formative stages that will include the following initiatives (not exclusive):
 - 1) Advocacy – this involves cultivating stronger relationships with legislators and policy makers in the areas of funding and systems planning, especially with persons with disabilities who are unserved and underserved;
 - 2) Community Outreach – this involves increasing awareness and understanding of independent living and disability issues, and is directed to schools,

businesses, non-profit organizations, and various communities throughout the state;

- 3) Collaborations – this involves outreach beyond the disability community, focusing on systems change that affects all residents of the state – poverty, housing, transportation, health care, community access, education, domestic violence, and the right to vote.

The SILC will support ACIL-WA by providing \$25,000 to assist in the fulfillment of the mission of promoting and expanding IL in this state.

Education , Training, and Marketing

One of the continual themes running through the public forums was that individuals and agencies had not heard of their local CIL or were not familiar with IL services. All too often, individuals see disability as a “medical” issue rather than from a civil rights/ minority point of view.

The Center for Independent Living as “brand name” is very low in this state. Participants in all of the Public Forums stated that outreach and training is important not only for the CILs themselves, but also for the areas of concern (“issue areas”).

With this in mind, the SILC, ACIL-WA, and the individual CILs hope to raise the profile of Independent Living and Centers for Independent Living in this state by:

- Writing articles in newspapers, such as “letters to the editor,” and OP-ED pieces to promote independent living, mentoring, and disability rights. Each CIL, including the SILC will write at least one article per year in local paper on Independent Living.
Responsibility: SILC and the CILs
- Working closely with schools, agencies (state agencies and non-profits), businesses, etc. to raise the profile of disability rights and CILs. (EACH CIL invite schools, other agencies, etc. to board meeting and annual meeting each once a year to raise profile.)
Responsibility: CILs
- Advocating and educating local legislators. Invite local policy makers (state legislator, county official, local official or even U.S.Senator or Representative) to Center. Give them an award or invite them to talk about the issues that face individuals with disabilities and the Centers. Do this at least one time per year and perform this each of the next three years.(2008, 2009, and 2010). *Responsibility: SILC director and CILs.*
- Each CIL will partner with another agency to put on two training or workshops per year at their local CIL. Invite consumers, local agencies, and other interested parties to attend. The trainings can be on any disability-related topic, but the key is to make an effort to promote IL and the CIL as a viable alternative for services.

Responsibility: Individual CILs and SILC (SILC can help promote these trainings through advertising, placing on the website, promoting on state-wide listserves, etc.)

- Aggressively promoting the SILC website, which has a host of information that the SPIL is already exploring. Send information about the SILC website to: State agencies, City Halls of existing CILs, City Halls of potential Target populations, and incorporate into newspaper articles. Accomplish this in the first two years of the SPIL period (2008 and 2009). This can fit into the existing SILC budget, thus no new money is needed. *Responsibility: SILC.*

- Developing and distributing a SILC newsletter to be published twice a year. Develop mailing list of 100 subscribers the first year (2008), 200 the second year (2009), and increase the mailing list to 300 individuals by 2009. (The SILC will need a supplemental of \$3,000 to \$5,000 to produce a high quality newsletter).

Responsibility: SILC

- In conjunction with CCER, the Region X DBTAC, Governor's Committee on Employment and Disability Concerns, Washington State Rehabilitation Council, Division of Vocational Rehabilitation, and Disability Rights Washington, the SILC and ACIL-WA will host a "Washington Only" conference for consumers, agency staff members, interested state agency representatives, AND the business community. The conference will be held in year two of the SPIL (2009) and will do three things:
 1. Raise the profile of Disability in general, but also the individual sponsoring agencies
 2. Provide relevant information to agency staff, consumers, and the business community
 3. Open the dialogue between the disability community and the business community to show that the individuals with disabilities are valuable employees

Responsibility: ACIL-WA, SILC, and Individual CILs

- Working with present and future disability studies programs within the State of Washington and possibly other entities in higher education to promote Independent Living and the roles of CILs and, furthermore, to collaborate in the areas of research, fund development/grant writing, 'best practices' model(s), latest state-of-the-art educational outreach, and dual marketing among these entities to support SILC, ACIL-WA, individual CILs, and involved higher learning entities. *Responsibility: SILC, CILs, and disAbility Studies Programs through accredited universities/colleges across State of WA.*

- Because advocacy is one of the four core services of the IL movement, there is often confusion about what is effective lobbying versus advocacy and education. The SILC will work with the CILs to make the distinction between "lobbying" and "education" clearer and more useful for all participants involved.

- Partner with fellow Region X (Alaska, Idaho, and Oregon) CILs and SILCs to explore

best practices in neighboring states. *Responsibility: CILs, ACIL-WA, and SILC.*

Timeline and Financial Plan: The education, marketing, outreach, and training components of the SPIL will be an on-going process, and will need attention in all three years of the Plan. Financial Plan information is provided where applicable.

Housing. At several of the Public Forums, housing was identified as the biggest barrier to living independently in this state. The three major problems expressed by participants in the public forums were: (1) lack of accessible, (2) lack of affordable housing, and (3) the lack of understanding by landlords about disability.

Goal: Increase Housing Opportunities for People with Disabilities.

-Activity 1: In conjunction with Disability Housing Experts, conduct three regional trainings and one state-wide housing training for housing coordinators in this state during the three-year plan (FY 2008-FY2010). The outcome of these trainings will be increased knowledge about disability housing issues. *Responsibility: SILC and CILs*

-Activity 2: Work with local housing providers to provide local solutions to local problems by:

- Increasing individual advocacy efforts (i.e. Working to mediate landlord-tenant disputes). *Responsibility: individual CILs*
- Connecting with local service clubs (such as Lion's, Rotary, etc), local businesses and others to develop home modification programs. Identify on a county-by-county basis (statewide) groups who can do the labor and provide materials. Provide information on SILC and CIL websites. *Responsibility: SILC director and CILs*
- Partnering with developers and architects to ensure that universal design is featured in new construction. This ensures accessibility and visitability is given priority in housing dwellings.

-Activity 3. Promote home ownership for persons with disabilities by:

- Providing home ownership information to participants of the CILs. The SILC and CILs will partner to ensure that information such as "Home of Your Own" and the various housing opportunities as articulated in the "New Freedom Initiative" are known to consumers. This will be

accomplished through working with state housing coordinators, providing informational materials to CIL program participants, and promoting local resources through local media (radio, TV, and newspaper).

Responsibility: CILs and SILC.

- Identifying and promoting financing for people with disabilities by promoting personal responsibility and savings through increase IL Skills Training, which includes skills centering around budgeting and looking for housing. Hold Work Shops at least one workshop at all CILs in the next three years. *Responsibility: CILs*
- Encouraging participants (consumers) to pursue finance plans through such programs as Individual Development Accounts and Washington State Financing Commission. In addition, where applicable, work with Asset Building Coalitions to promote prosperity leading to homeownership. *Responsibility: SILC and CILs.*

- Activity 4. Work with landlords, property management in educating them about disability sensitivity and housing laws. Invite housing representatives to CILs and to SILC meetings. *Responsibility: CILs and SILC.*

- Activity 5. As expressed at one of the Public Forums, encourage CIL housing advocates (or Independent Living Specialists) to gather on a quarterly basis, in person or by teleconference, to explore ways to combat housing issues across the state. *Responsibility: SILC and Individual CILs*

- Activity 6. Engage in local, state and national housing initiatives by attending conferences to obtain additional knowledge, assuming committee work (i.e. NCIL Housing Sub-Committee), and gathering information from local, state, and national sources to promote accessible and affordable housing options in Washington. *Responsibility: Individual CILs and SILC*

Timeline and Financial Plan: Housing will continue to be a key issue for individuals with disabilities, so the focus will be on all three years of the SPIL. The SILC will be able to use existing funding to attend conferences, meetings, and sponsor training opportunities. If additional funding is needed, then the SILC will work to secure funding necessary to support this activity. The SILC will monitor this on an annual basis.

Transportation. Depending on where one lives, transportation in Washington State ranges from “non-existent” to “okay, but still not “adequate.” Transportation is an issue

that affects, adversely in many ways, the lives of many of the states individuals with disabilities. For instance, it was pointed out by more than one individual in the Ellensburg Public Forum that due to poor transportation, specialty health care services cannot be easily accessed. This has the potential, and in many cases it is already real, to decrease positive health outcomes for a significant portion of the population.

Another comment that the SILC heard several times during the Public Forum process is that housing and transportation are often intertwined. For example, in the community of Longview several individuals stated that they were being “priced out” of housing near the downtown areas of Kelso-Longview, and had to move to the outskirts of town, where housing is significantly less expensive. Yet, when that happens, people living on the outer parts of town cannot readily access transportation to get to jobs, shopping opportunities, their medical care professionals, etc.

The Goal is to increase transportation options for persons with disabilities in Washington.

-Activity 1. On a yearly basis, the SILC will host a transportation provider as a speaker at one of its quarterly meetings. If a speaker cannot be identified, then information and/ or announcements about transportation best practices, legislative initiatives, and other pieces of legislative interest will be provided. *Responsibility: The SILC will arrange for the speaker and/ or information to be provided. The SILC will encourage the speaker to come at their own expense.*

- Activity 2. The ACIL-WA and the SILC will work with the various transportation providers to provide information and disability sensitivity and awareness training to drivers and administrators of transit agencies. *Responsibility: SILC and ACIL-WA*

-Activity 3. The SILC and ACIL-WA will work with paratransit providers in the various counties across the state to address eligibility issues. The goal would be to allow individuals the options to take either the paratransit or fixed-route, depending on the situation. Begin dialogue with paratransit providers to see if solutions can be attained. The SILC and the local CIL will set up meeting for at least one paratransit operation per year, for a total of three for the 2008-2010 SPIL period. It is believed that these meetings and efforts at advocacy will be absorbed within the existing budget of the CILs and the SILC. *Responsibility: ACIL-WA and SILC director*

Timeline and Financial Plan: The focus on transportation will last the three years of the SPIL. With advocacy being the activity that weaves itself through all of the activities, funding will be needed. The SILC estimates that an additional \$3,000 per year, using FY 2007 as a base year, will adequately fund transportation activities. The funding will cover visits to local transportation providers, attend

national conferences such as NCIL and the SILC Congress to learn more about federal/ national transportation initiatives, and to produce information for legislators in this state which will impact transportation policy.

Transitioning. The State Independent Living Council, Association of Centers for Independent Living-WA, and individual centers for independent living centers are committed to ensuring that youth and young adults throughout Washington State become empowered through accessing the education and services necessary to achieve optimal independence.

Achieving successful transitioning into vocational, educational, or community settings requires availability of sufficient supports, awareness of existing Independent Living supports and services, and the ability to navigate federal, state, and local systems.

Goal 1: Assure the access to Independent Living Services to youth with disabilities and family members with children.

-Activity 1: Identify and establish CIL presence with local organizations and agencies advocating for and providing services to children and youth with disabilities.

Responsibility: ACIL-WA and SILC

-Activity 2: Disseminate CIL outreach information, activities, and CIL public meeting information to local organizations and agencies advocating for and providing services to children and youth with disabilities.

Responsibility: Statewide Centers for Independent Living

- Activity 3: Each CIL provide at least 1 presentation per year to local organizations and agencies advocating for and providing services to children and youth with disabilities.

Responsibility: Statewide Centers for Independent Living

-Activity 4: Promote awareness to educational institutions and family members as to the rights of children and youth with disabilities to be fully engaged in their Individualized Education Plan (IEP), Transitioning Plan, and to transition into the community of their choice. *Responsibility:*

Statewide Centers for Independent Living

Activity 5: Actively identify and collaborate with agencies that specialize in Assistive Technology to further the ability of children and youth to develop and expand opportunities to live independently. This may include, but not be limited to, organizations such as Washington Assistive Technology Foundation (WATF) and Washington Assistive Technology

Act Program (WATAP).

Responsibility: SILC Executive Director, SILC, Statewide Centers for Independent Living

- Activity 6: The SILC shall encourage expanded youth leadership participation through dissemination of information to CILs, and applicable organizations serving youth regarding the annual Youth Leadership Forum, sponsored by the Governor's Committee on Employment and Disability Issues.

Responsibility: SILC Executive Director

Timeline and Financial Plan: The SILC, ACIL-WA, and Centers for Independent Living from around the state will work on all six activities throughout the three-year SPIL. The SILC will absorb activity costs in its existing budgets.

Goal 2: Expand partnerships with local school districts for the increased use of CILs for students with disabilities.

-Activity 1: Disseminate Independent Living outreach information, such as brochures, toolkits, and resources guides, to educators and school administration.

Responsibility: Statewide Centers for Independent Living

- Activity 2: Recruit local educators and administrators as presenters at CIL board meetings to assist in identifying the barriers of the local school districts.

Responsibility: Statewide Centers for Independent Living

-Activity 3: Identify local educators for recruitment onto CIL Boards and the State Independent Living Council (SILC).

Responsibility: Statewide Centers for Independent Living and SILC

-Activity 4: Closely work with local DVR offices around the state to promote, plan and implement high school transition activities.

Responsibility: SILC and individual CILs.

Timeline and Financial Plan: Goal 1 and 2, and the activities to accomplish these goals, shall be instituted in SPIL years 1 and 2. Results will be assessed at the end of each reporting year to identify best practices and challenges in meeting of Goals 1 and 2.

Financial Plan: For the 2007-08 fiscal year, costs will be absorbed through existing Title VII C & B budgets funding core services. Should the activities expand beyond the capacity of the existing budget, delivery of services will require the exploration of local, statewide, and federal funding opportunities.

Deinstitutionalization. The ability to further the empowerment of individuals with disabilities and to advocate for supports that will ensure their ability to live in the communities of their choice, has been the goal of the Independent Living Movement. For persons with significant disabilities, deinstitutionalization cannot be achieved without affordable, accessible housing, accessible reliable transportation options, and the assurance of quality personal assistant services that meet the needs of the individuals to be fully participatory in their communities.

Goal 1: Actively participate in the Washington State Money Follows the Person Demonstration Grant (Titled: Roads to Community Living) funded through Center for Medicare/Medicaid Services (CMS).

-Activity 1: Serve as a collaborative team member for the duration of the five-year grant.

Responsibility: SILC Executive Director

-Activity 2: Serve as a “key informants” by providing information to the collaborative team during the duration of the demonstration grant.

Responsibility: Statewide Centers for Independent Living

-Activity 3: Encourage Community Living Project Director to participate in SILC and ACIL-WA meetings for annual updates.

Responsibility: SILC Executive Director, SILC, ACIL-WA

-Activity 4: Promote “Roads to Community Living” Project through SILC Newsletter and Website

Responsibility: SILC Executive Director

-Activity 5: Disseminate “Roads to Community Living” Project information to further educate community partners and organizations.

Responsibility: SILC Executive Director, SILC, Statewide Centers for Independent Living

Goal 2: Centers for Independent Living to partner with Aging and Disability Services Administration (ADSA) as Independent Living contractors in order to enhance the capacity of CILs to transition individuals from state institutions and nursing facilities.

- Activity 1. Attend relevant meetings that address this issue.

Responsibility: Individual CILs and SILC.

- Activity 2. Become conversant in contract language and responsibilities.

Responsibility: Individual CILs

-Activity 3. Carry out provisions of contract. *Responsibility: Individual CILs.*

Goal 3: Identify and promote policy and legislation that provide for choice, services, and supports that will ensure individuals with disabilities can obtain and maintain independence in their community.

-Activity 1: Educate US Congressional delegation and State Representatives through position papers, distribution of cost-analysis data, and individual testimony.

Responsibility: SILC Executive Director, SILC, ACIL-WA, and Statewide Centers for Independent Living

-Activity 2: Educate, Congress, community members with and without disabilities on the necessity of the Community Living Assistance and Supports Act.

Responsibility: SILC Executive Director, SILC, ACIL-WA, and Statewide Centers for Independent Living

-Activity 3: SILC members shall become knowledgeable regarding existing state and federal programs to effectively advocate for and promote legislation and services.

Responsibility: SILC Executive Director and SILC Chairperson

-Activity 4: Invite ACIL-WA to formally educate SILC members and staff on existing services and utilization of services by individuals with disabilities statewide.

Responsibility: SILC Executive Director and SILC Chairperson

-Activity 5: Actively educate consumers, local, and statewide advocacy organizations on the necessity of policy that promotes services and supports to maintain independence.

Responsibility: ACIL-WA, and Statewide Centers for Independent Living

Goal 4: The Statewide CILs shall provide a total of at least 15 per year (at least 45 for the three-year period) transitioning services to individuals moving from identified long-term care facilities, nursing facilities, Residential Habilitation Centers, and State Mental Health Institutions to community based settings.

-Activity 1: Identify local and/or regional state Residential Habilitation

Centers (RHCs), local nursing facilities and long-term residential care facilities.

Responsibility: Individual Centers for Independent Living

-Activity 2: Identify local ombudsman, HCS personnel, RHC social workers, nursing facility social workers, and applicable partners to ensure successful transitioning.

Responsibility: Individual Centers for Independent Living

-Activity 3: Partner with ADSA to become “Roads to Community Living Vendor”. *Responsibility: Individual CILs and SILC Director*

-Activity 4. Develop “peer networks” with CILs nationwide, to both mentor and receive informal guidance on “best practices”. *Responsibility: Individual Centers for Independent Living*

Timeline & Financial Plan. The majority of the activities in the “Deinstitutionalization” section require relationship building, attending meetings, being made aware of options through state and federal funding, and advocacy and education associated with these activities. The SILC, CILs and ACIL-WA will focus on transitioning individuals out of nursing homes/ institutions in each of the three years of the SPIL. The costs of performing these activities will be absorbed in the SILC budget.

Emergency Preparedness- There is a much greater emphasis on preparation for disasters, natural and man-made, in the last five to six years due to the events of 9/11 and Katrina on a national level and the windstorms in Washington State. Earthquakes, volcanic activities and tsunamis are considerations for emergency preparedness in the State of WA. Thus, it is imperative that individuals with disabilities, with the unique needs we have, must be prepared for such events.

Goal 1. Educate people with disabilities about how to be prepared in the event of a disaster.

- Activity 1. As part of intake process, inform participants how to make an emergency plan and kit in the event of a disaster -- emphasizing the importance of carrying at least a three-day supply of medication with them along with a list of medications and dosages. *Responsibility: CILs*

- Activity 2. Encourage consumers to become active in their community’s emergency response efforts in a capacity of their choice. *Responsibility: CILs.*

- Activity 3. In peer support and other support group efforts, continually

remind consumers of their personal responsibility to be prepared and proactive. *Responsibility: SILC and CILs.*

Goal 2. Implement a CERT (Community Emergency Response Team)-type curriculum in Washington state. This curriculum has already been written, but has not been released for public use.

-Activity 1. Work with appropriate Washington state government agencies to “release” curriculum for use by first responders, the general public and persons with disabilities. *Responsibility: SILC and ACIL-WA*

- Activity 2. Once curriculum is available for distribution, work to use it throughout state. *Responsibility: SILC and individual CILs.*

Goal 3. Continue to work with Governor and Washington state administrative agencies in education and outreach efforts.

- Activity 1. Provide input to Governor’s office on future “after action” plans. *Responsibility: SILC, ACIL-WA, and individual CILs.*

- Activity 2. Provide disability-related input to Washington State Emergency Management Division. Seek possible funding from this agency as a way of preparing CIL consumers for potential future emergencies. *Responsibility: SILC and ACIL-WA.*

-Activity 3. Continue to provide disability-related input to Washington State Department of Health (Public Health Emergency and Response Preparedness). *Responsibility: SILC*

Goal 4. Each CIL and the SILC will examine the merits of a “Continuity of Operations” plan for their agency. This plan will examine the need and capacity of providing day-to-day services in the event of a disaster.

Timeline and Financial Plan: Explore these possibilities in all three years of this State Plan. Funding will come from the existing budgets of ACIL-WA and the SILC.

Assistive Technology (AT)- One of the ways in which individuals with disabilities lead independent lives is through the purchase and effective use of assistive technology. These devices can be 1. expensive or not so expensive, 2. Hi-tech, or low-tech, 3. off the shelf or specially designed. Assistive technology can play a critical role in all aspects of independent living and as a reasonable accommodation on the job. And yet, many people go without the technologies they need because of (a) lack of information about AT and the wide range of devices available (b) lack of financing to pay for the assistive

technology and (c) lack of awareness and funding for the services needed to effectively use AT (e.g., evaluations, training, repairs, warranties, etc).

The SPIL will seek to improve access to AT in Washington State in four ways:

Goal 1. Assist individuals with disabilities to advocate for and obtain affordable appropriate Assistive Technologies

-Activity 1: Ensure that consumers of CILs are aware of the various device and financial loan programs and AT “lending closets” that exist around the state. *Responsibility: Individual CILs.*

- Activity 2. Invite agencies that specialize in AT to SILC and ACIL-WA meetings to provide the latest information on funding and technology. *Responsibility: SILC and ACIL—WA.*

- Activity 3. Research and apply for grants and pursue other strategies to improve availability and funding of AT in individual’s homes and for other independent living purposes including health, recreation and community life. *Responsibility: SILC director*

Goal 2. Work with the employment community to ensure that they understand the role of both low and high tech AT in achieving reasonable accommodations in the workplace.

-Activity 1: CILs shall provide at least one presentation per year to local business associations, employment providers, and/or employers on the benefits of assistive technology in the workplace for persons with disabilities. Utilize the services and expertise of Washington Assistive Technology Act Program (WATAP), Washington Assistive Technology Foundation (WATF), Department of Services for the Blind, Division of Vocational Rehabilitation, and others as necessary. *Responsibility: Individual Centers for Independent Living*

-Activity 2: Collaborate with DVR and Community Rehabilitation Programs (CRPs) to increase awareness and knowledge of the availability of Assistive Technology for individuals with disabilities who are pursuing employment. *Responsibility: Individual Statewide Independent Living Centers with DSUs/other existing state-level funding agencies (e.g., DVR, DSB, ODHHS, DDD).*

Goal 3. Partner with local school districts and agencies to expand funding for Assistive Technology

-Activity 1: Identify AT needs with local school districts
Responsibility: Individual Statewide Independent Living Centers

-Activity 2. Provide education and information to the Washington State legislature to expand financing programs for assistive technology for individuals of all ages and funding for special education and assistive technology in elementary and secondary schools.

Responsibility: SILC and ACIL- WA.

-Activity 3. Work to increase collaboration and partnership with Office of Superintendent of Public Education (OSPI) and agencies and community organizations that specialize in AT on a statewide basis to identify needs and strategies to address those needs.

Responsibility: SILC director and ACIL-WA

Goal 4. Utilization of technology among the CILs (i.e., video conferencing, use of all communication technology mediums (TTY, text messaging, etc.) – This will involve staff training to know how to use the latest technology to communicate in any possible way.

-Activity 1. Examine possibility of grants from technology vendors to pursue video conferencing capacity. Pursue funding source to implement accessible video conferencing on a state-wide basis for trainings and meetings. *Responsibility: SILC and ACIL-WA*

- Activity 2. Continually update both funding opportunities and implementation of new technology in meetings with peers and in use with direct services with consumers. *Responsibility: Individual CILs*

Timeline and Financial Plan: Explore these possibilities in all three years of this State Plan. Funding will come from the existing budgets of ACIL-WA and the SILC.

Employment. In order for individuals with disabilities to be prepared for work, a multitude of supports are necessary for positive employment outcomes to occur. These supports include: a stable place to live (housing), effective and reliable private or public transportation, access to assistive technology, knowledge of career options during the transitioning process, and solid independent living training, and so on. The SILC, ACIL-WA, and the individual CILs believe that effective IL allows for effective employment outcomes. In other words, IL and employment truly go hand-in-hand. The CILs are committed to working with employment-related agencies such as Division of Vocational Rehabilitation, Washington State Rehabilitation Council, and the various Community Rehabilitation Programs (CRPs) to promote employment opportunities and resources for individuals with significant disabilities in this state.

Even though employment is not a featured area of concern in this State Plan, a great many of the issue areas delineated in this three-year plan support the path towards employment. It cannot be emphasized enough that partnerships with DVR and the Rehabilitation Council provide the SILC, especially the SILC executive director, with

insight on how to construct programs for favorable employment outcomes. It is hoped that this plan reflects the true partnership between the SILC and the DVR/ Washington State Rehabilitation Council.

Section 2: Scope, Extent, and Arrangements of Services

Table 2.1A: Independent living services	Provided by the DSU (directly)	Provided by the DSU (through contract and/or grant)	Provided by the CILs (Not through DSU contracts/ grants) *
Core Independent Living Services, as follows:			
- Information and referral	X	X	X
- IL skills training	X	X	X
- Peer counseling	X	X	X
- Individual and systems advocacy	X	X	X
Counseling services, including psychological, psychotherapeutic, and related services	X	X	X
Services related to securing housing or shelter, including services related to community group living, and supportive of the purposes of this Act and of the titles of this Act, and adaptive housing services (including appropriate accommodations to and modifications of any space used to serve, or occupied by, individuals with significant disabilities)			X
Rehabilitation technology	X	X	X
Mobility training	X	X	X
Services and training for individuals with cognitive and sensory disabilities, including life skills training, and interpreter and reader services	X	X	X
Personal assistance services, including attendant care and the training of personnel providing such services			X
Surveys, directories and other activities to identify appropriate housing, recreation, accessible transportation and other support services			X
Consumer information programs on rehabilitation and IL services available under this Act, especially for minorities and other individuals with disabilities who have traditionally been unserved or underserved by programs under this Act	X	X	X
Education and training necessary for living in the community and participating in community activities	X	X	X
Supported living			X

Table 2.1A: Independent living services	Provided by the DSU (directly)	Provided by the DSU (through contract and/or grant)	Provided by the CILs (Not through DSU contracts/grants) *
Transportation, including referral and assistance for such transportation	X	X	X
Physical rehabilitation			X
Therapeutic treatment			X
Provision of needed prostheses and other appliances and devices			X
Individual and group social and recreational services	X	X	X
Training to develop skills specifically designed for youths who are individuals with significant disabilities to promote self-awareness and esteem, develop advocacy and self-empowerment skills, and explore career options	X	X	X
Services for children with significant disabilities	X	X	X
Services under other Federal, State, or local programs designed to provide resources, training, counseling, or other assistance of substantial benefit in enhancing the independence, productivity, and quality of life of individuals with significant disabilities	X	X	X
Appropriate preventive services to decrease the need of individuals with significant disabilities for similar services in the future			X
Community awareness programs to enhance the understanding and integration into society of individuals with disabilities	X	X	X
Other necessary services not inconsistent with the Act	X	X	X

** Not every Washington CIL provides every service listed in the checklist, but all the services are provided by at least one CIL in this state.*

2.1B Describe any service provision priorities, including types of services or populations, established for meeting the SPIL objectives identified in section 1.2.

The service provision priorities will revolve around the providing the four core services (advocacy, information and referral, independent living skills training, and peer support). In addition, there will be an added emphasis on deinstitutionalization and outreach to minority groups and underserved areas. Additional priorities are listed above in section one.

2.1C If the State allows service providers to charge consumers for the cost of services or to consider the ability of individual consumers to pay for the cost of IL services, specify

the types of IL services for which costs may be charged and for which a financial need test may be applied, and describe how the State will ensure that:

2.2 Arrangements for State-Provided Services – 34 CFR 364.43(d) and (e)

2.2A If the DSU will provide any of the IL services identified in section 2.1A through grants or contractual arrangements with third parties, describe such arrangements.

DSB contracts out all of our IL services, both Part B and Chapter 2. They only have one Rehabilitation Teacher who provides direct services in parts of Pierce County.

DVR provides IL services to individuals with disabilities via a contract relationship with the seven CILs in this state. These services are contracted out via Title VII, Part B funds. According to the contract, at a minimum of 10 % of these services must be set aside to establish a fund for purchased consumer goods and/or services. In addition, at least 40 % of these funds must be applied to outreach activities to unserved and underserved populations.

2.2B If the State contracts with or awards a grant to a center for the general operation of the center, describe how the State will ensure that the determination of an individual's eligibility for services from that center shall be delegated to the center.

Each CIL has their own intake and eligibility criteria for individual consumers. All of the CILs use the Washington State definition of disability, which is a broad definition of disability found in the Washington Law Against Discrimination statute, RCW 49.60. The eligibility status of a consumer is determined by the CIL during the intake process and the DSUs are not part of that process.

Section 3: Design for the Statewide Network of Centers

3.1 Existing Network- 34 CFR 364.25

The Washington CILs and the counties they serve:

- The Alliance of People with disAbilities- Seattle (King County)
- The Alliance of People with disAbilities- Redmond (East King County)
- Center for Independence- Lakewood (Pierce, Thurston, S. Kitsap, Gray's Harbor, Mason, S. King counties)
- Central Washington Disability Resources- Ellensburg (Kittitas, Grant, Yakima, Chelan, Douglas counties)
- Coalition of Responsible Disabled- Spokane (Spokane, Adams, Asotin, Benton, Columbia, Ferry, Franklin, Garfield, Grant, Lincoln, Okanogan (SE), Pend Orielle, Stevens, Walla Walla, Whitman counties)
- disAbility Resource Connection- Everett (Snohomish, Whatcom, Skagit counties)

- disAbility Resources of Southwest Washington- Vancouver and Longview (Clark, Cowlitz, Skamania, Wahkiakim counties)

The following counties are not on the “official” list of counties served by the seven CILs, but there were individuals who resided in the counties did receive some services. These are the counties that are not officially associated with a Washington CIL: Clallam, Island, Jefferson, Klickitat, Lewis, Pacific, and San Juan Counties.

3.2 Expansion of Network

This has been addressed in Section 1, but bears repeating. The specific information is provided in Section 1. Once the existing CILs are brought up to standard that actually allows them to provide services to their catchment area, there will be a concerted effort to increase the number of CILs statewide in order to truly provide more comprehensive services to individuals with disabilities in this state.

The first priority in the expansion of the network of CILs is to expand services through increasing the base funding of the existing and recognized CILs.

The SILC, ACIL-WA, DVR, and DSB will work to establish criteria for CIL expansion. This will be accomplished during strategic planning in the next year. The criteria will look at such factors as: #s served in existing geographic area, the ability of local individuals with disabilities to organize (in areas currently not hosting a CIL), the available infrastructure that will support the growth and success of a CIL, availability of additional funding (community foundations, local government, etc.) that will allow for a new CIL to sustain themselves, the option (including benefits and drawbacks) of starting a CIL as a branch or satellite,

3.3 723 States Only- Not Applicable

Section 4: Designated State Unit

4.1 Administrative Support Services- 34 CFR 364.4; 34 CFR.22(b)

Both DVR and DSB provide administrative support as DSUs to the SILC and the CILs in Washington. The following are examples of how the two DSUs support IL in this state:

- Administration of Part B dollars (through a contract) from DVR to the individual CILs
- DVR assisting the SILC in our website (periodic updating of the site)
- Appointing an ex-officio members (Lynnae Ruttledge, DVR and Kevin Nathan, DSB) to serve on the SILC
- DVR and DSB providing formal and informal guidance to CILs and SILC

- Title VII Part B audit (forthcoming) of one Washington CIL
- Funding: DSB and DVR assisting in the funding of the SILC

Section 5: State Independent Living Council (SILC)

5.1 Resource Plan- 34 CFR.21 (i)

The Resource Plan for the SILC is developed in conjunction with the DSUs, Division of Vocational Rehabilitation and the Department of Services for the Blind. The resource plan examines ways that the SILC is able to fund its mission. The primary mission of the SILC is to compose, monitor and evaluate the three-year State Plan for Independent Living in this state. In April 2007, The SILC executive committee informally discussed future funding needs and came up with a budget based on past expenditures and future projections. From that point, the SILC director and SILC chair met with the DVR director and presented a proposed budget, which will be shared with the DVR fiscal manager. Once there is an agreement that the budget is acceptable to DVR (e.g. there is adequate funding in Washington State DVR's Title I Section 110 funding), the budget will be ratified at the July Council meeting.

As it relates to the specifics of financing the operations of the SILC, the SILC will continue to use funds from both DVR and DSB. The portion from DVR is the Title I funding that arrives directly from RSA. Conversely, the DSB portion is Title VII, Part B funding. . These two sources of funding will continue to be the core funding for the Washington SILC. The SILC will also continue to investigate and pursue other funding streams as a method to diversify funding sources.

5.1B. Describe how the specific SILC resources plan requirements listed in the SPIL Instrument will be addressed.

The SILC works with DVR fiscal to pay invoices, devise and implement contract language for purchasing of services and other activities to ensure the smooth operation of the SILC. The financial policies and procedures are housed in both DVR and DSB. The SILC abides by these policies and procedures in financial matters pertaining to Council business

5.2 Establishment and Placement- 34 364.21 (a)

While the SILC is housed in DVR for financial purposes, the programmatic aspects of the SILC are indeed independent from DVR. This is illustrated in a number of different ways:

1. The DVR director, Lynnae Ruttledge, is a member of the SILC in an ex-officio capacity.

2. The SILC offices are physically separated from DVR's offices.
3. The SILC executive committee (and Council) compose the resource plan. The Council formally ratifies the plan.
4. The SILC Executive Director position description is composed by the SILC. The Executive Director composes and implements the position description (along with the Washington State Rehabilitation Council) of the Executive Assistant. DVR has little influence in this process.
5. Most importantly, the SILC supervises the Executive Director and sets the agenda of the SILC.

5.3 Appointment and composition- 34 CFR 364.21(b)-(f)

Because the SILC was set up by executive order, the Governor, Christine Gregoire, makes appointments to the SILC. The Governor makes these appointments based on background checks and a system of recommendations. The Governor does ensure that qualifications, as articulated in 705 (b), are met.

The Chair is selected by a vote of the Council at the October council meeting. The terms, conditions, and duties of the officers, including the Chair, are provided in the SILC by-laws. The vacancies are filled through looking at the current slots and trying to ensure that the various slots, such as business, CIL representative, 121 representative, etc., are filled. The Governor also works to ensure that ethnic and geographic diversity is represented since it is truly a state-wide Council.

5.4 Staffing- 34 CFR 364

The SILC council hires, trains and supervises the director. The director has a position description that is jointly developed with the Council that is used as the basis of performing the everyday functions of the office.

Section 6: Service Provider Requirements

The Department of Services for the Blind and the seven CILs, all have written policies, including job descriptions, evaluations, personnel policies and procedures, etc., that address staffing requirements, fiscal control and fund accounting, record keeping, eligibility for services, Independent Living Plans, alternative communication needs, professional development, information about the Client Assistance Program (CAP), affirmative action, accounting standards, and so on. In addition, each CIL and DSB agrees to these assurances in the yearly 704 Report. These assurances address most, if not all, of the requested Service Provider Requirements.

Section 7. Evaluation. As described in 34 CFR 364.38, the SILC, ACIL-WA, the two DSUs, and other interested parties shall periodically evaluate the effectiveness of the SPIL.

The Washington SPIL will be evaluated by the SPIL Committee with assistance from the DSUs/other existing state-level funding agencies (e.g., DVR, DSB, ODHHS, DDD). During the past year, the SPIL committee has been busy meeting to discuss elements that will go into the SPIL as well as hosting a series of Public Forums to gather input from the public about what should be included in the 2008-2010 SPIL. The core of the SPIL committee will stay intact as the evaluation piece is implemented. The 2008-2010 SPIL will be evaluated semi-annually by this committee.

The method of evaluation will be that the approved SPIL will be used as a “checklist” to gauge the document’s progress. Adjustments will be made to the document itself or to the strategies in the Goals, Objectives, if there the SPIL Evaluation Committee determines this to be the case.

In addition to the continuation of the SPIL Committee, evaluation of the 2008-2010 will also consist of:

- Using the annual **704 Report** as a guide to gauge the progress of the SILC, the individual CILs, and DSB with respect to the various services they provide to individuals with disabilities in this state. The timeline for this is yearly and will not encompass any extra expenses on the part of the CILs, DSB or the SILC.
- Constructing and distributing a **consumer satisfaction survey** to each and every participant of the CILs. The object of the survey is to find out the level of satisfaction of services provided by the CILs. The SILC will work with the individual CILs to construct the language of the survey that will be presented to consumers of the CILs. It is the goal of the SILC to survey 100 consumers per year for the next three years. The surveys will be funded by the SILC. The cost estimate is \$3,000 for the printing and mailing (both ways) of this process.
- Utilizing any current or future Rehabilitation Services Administration (RSA) monitoring of the Washington CILs to measure strengths and challenge areas of the individual CILs in order to promote best practices but also to offer technical assistance in the event that assistance is needed.
- Working with the CILs themselves to evaluate the efforts of the SILC to assist in their efforts to expand capacity not only in their current catchment area, but also throughout the state of Washington. The SILC encourages both formal and informal feedback by the CILs (and other partners) of the SILC.

Timeline and Funding: Funding for this activity shall come from the SILC budget. It is estimated that the cost of \$1,500 for each meeting (\$3,000 for the year X three years =

\$9,000). The costs shall include airfare, per diem, mileage, hotel, and lunch.

Section 8. State Imposed Requirements.

The CILs in this state receive funding directly from RSA (Title VII, Part C) and from DVR in the form of a contract (Title VII, Part B). The CILs also receive additional funds, such as local/state grants, individual donations, fee for service, etc.

As it relates to “state only” requirements with the DVR contract (Title VII, Part B), there is a specific provision in this contract that the CILs must use 40% of this funding on outreach activities and 10% of the contract can be used as to purchase goods and services that allow consumers to live more independently. The remainder of the contract (50%) funds can be used to for the four core services and administrative costs to provide the services.

Appendix

The State Plan for Independent Living Committee consists of:

- Libby Winzer, Chair
- Shelley Hawkins, SILC chair
- Jeanette Murphy, Executive Director Alliance of People with disAbilities
- Linda McClain, Executive Director CORD and SILC member
- Diane Hansen, Independent Living Consultant, CORD
- Von Elison, Executive Director Central Washington Disability Resources
- Kevin Nathan, Department Services for the Blind and SILC member
- Rob Honan, Executive Director SILC

The State Independent Living Council:

- Shelley Hawkins, Chair, Seattle
- Romel Mackelprang, Vice- Chair, Spokane
- Libby Winzer, Aberdeen
- Al Neely, Yakima
- Linda McClain, Spokane
- Sandra Carr, Spokane
- Kevin Nathan, Ex-Officio, Federal Way
- Lynnae Ruttledge, Ex-Officio, Olympia
- Rob Honan, Executive Director, Olympia
- Grace Doyle, Executive Assistant, Olympia

SPIIL formally approved on July 27, 2007 by SILC